

POST SHORTS

Recycling schedule

The recycling pickup for Wednesday, June 5, is plastic, glass and metal. Put items in blue bags and place them on the curb.

Army Substance Abuse Program make-up class

On June 11 at the APG Post Theater, building 3245, 8:30 to 11 a.m., the Army Substance Abuse Program will provide a final make-up training class for all civilians who meet the criteria for the appropriate sensitive positions or categories of positions designated as Expanded Testing Designated Positions.

The Edgewood Area make-up training will be at the Conference Center, June 17, 8 to 10 a.m.

(Note: To determine if you meet the criteria for training, see front page article on ASAP.)

For more information on the program, contact Derrick Copper, Directorate of Information Management, 410-278-4810.

Bowling center hours change

Beginning June 2, the APG Bowling Center will be closed on Sunday. For more information, contact Dave Brewner at 410-278-4041 or e-mail him at david.brewner@usag.apg.army.mil.

Soldier Support Center undergoes renovation

It's been a long time coming, but renovation is underway at the Janet M. Barr Soldier Support Center, building 4305. The second and third floors are being gutted to allow for completion of the exterior. While this is occurring, the elevator and staircases will be built. To accomplish this, we will close off the front entrance to the building. The contractor will fence off the work zone on the front and sides for safety concerns. Personnel will be directed to the rear of the building for entrance.

For more information, call Janet Dettwiler, 410-306-2303.

AFAP symposium - a chance to voice concerns

APG will host the Army Family Action Plan Symposium June 12, 1 to 3:30 p.m., at Top of the Bay. Everyone is invited to

See SHORTS, page 2

Community unites for Armed Forces Day

Yvonne Johnson
APG News

In a mighty show of community unity, the City of Aberdeen and Aberdeen Proving Ground joined forces for the annual Armed Forces Day celebration on May 18.

Hot dogs, American flags, marching bands and patriotic tunes were the order of the day as hundreds turned out, despite the chilly weather, to enjoy the festivities.

The day's events featured a 5-kilometer Fun Run sponsored by the APG Sports Office, followed by a parade of nearly 60 participants down West Bel Air Avenue, and a concert by the 389th Army Band (AMC's Own) in Festival Park.

Run for Fun

The Fun Run began with runners lined up at the starting gate in front of the Aberdeen City Hall. Approximately 200 runners participated along with teams from the U.S. Army Ordnance Center and Schools' Noncommissioned Officer Academy and from Company C, 16th Ordnance Battalion. Most runners wore the commemorative T-shirts they received at registration.

"We don't hand out awards because this is all in fun," noted Marni Allison, sports program chief. "Most run for the personal challenge so we give them T-shirts as thanks for participating."

Zach Zander, a 23-year old Edgewood Area contractor, finished with the quickest time of 18 minutes, 36 seconds.

"It was an interesting course," Zander said, before doubling-back to run again with his fiancé.

Ivy Walker, 17, a member of the Aberdeen High School track team, agreed.

"It was a good run, I made



Patriotic salute

Soldiers from Company C, 16th Ordnance Battalion, render a salute to the Colors at the start of the Armed Forces Day parade in Aberdeen, May 18. The group participated in a 5-kilometer Fun Run before the parade. From left, Pvt. Carlos Morales, Joseph Creta, Luc Nguyen, Clifford Side, Douglas Weber, Jessica Lincoln and Jaron Volk.

good time," Walker said noting the route was slanted uphill for part of the way.

Staff Sgt. Kevin Olson, a drill sergeant with Company C, 16th Ordnance Battalion, led a platoon of Advanced Individual Training soldiers across the finish line at 30 minutes, 23 seconds. Olson said the run is a tradition with the unit.

"This was strictly voluntary," Olson said, adding that the unit will participate in the Maryland Center for Veterans Education and Training Run in Baltimore this month.

One noteworthy runner, 12-year old Lamar Miller, finished at just over 21 minutes. The Aberdeen Middle School

See CELEBRATE, page 13

Photos by YVONNE JOHNSON

Taylor Axelson, 4, left, is happy to share his blanket with Caitlin Funk, 3, as they get comfy on the curb while awaiting the start of the Armed Forces Day parade on W. Bel Air Avenue in Aberdeen.



New Army regulation brings positive changes

Army Substance Abuse Program training offered

Derrick Copper
DOIM

Since the inception of Public Law 92-129 in 1971, the identification and treatment of drug and alcohol dependent persons within the armed forces has evolved tremendously.

At that time, the Secretary of Defense directed each of the services to develop drug abuse prevention and control programs that would identify, treat, and rehabilitate all service members dependent on drugs. The Army initiated a comprehensive program to prevent and control the abuse of alcohol and drugs. The program was called the Alcohol and Drug Abuse Prevention and Control Program.

Public Laws 91-616 and 92-255 mandate the civilian aspects of the ADAPCP. These statutes and their amendments require all federal agen-

cies to provide alcohol and other drug abuse services to their employees. The identification and treatment of individuals is emphasized.

The program today has a new name and regulation - Army Regulation 600-85, effective Oct. 15, 2001, changed the name ADAPCP to Army Substance Abuse Program.

Changes to the program are:

- Commands provide leadership and supervision for the non-clinical elements of the ASAP with primary focus on installation prevention and education programs.
- Establishes policies and procedures for fitness for duty testing for alcohol.
- Mandates that all soldiers who are identified as illegal drug users will be processed for administrative separation.
- To ensure military readiness, the ingestion

See ASAP, page 4

eMILPO to replace SIDPERS

Army News Service

The Army's new electronic military personnel office, eMILPO, will greatly improve basic personnel actions and save soldiers' time, officials said, when it goes online later this year.

Current plans call for eMILPO to be implemented in December as the next major step for Army personnel transformation.

It's part of an ongoing effort by the Army personnel community to consistently seek ways to improve basic accounting and business practices for soldiers worldwide, said a Personnel Command official.

First there were morning reports prepared by first sergeants. Soldiers in line to get paid were common practice in the Army in the 1980s.

Then came several versions of the Standard Installation Division Personnel System, known as SIDPERS. Permanent change-of-station departure and arrival transactions are examples of how SIDPERS "tracks" soldiers today.

"The problem with SIDPERS however, is that it has slipped

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APG women support Habitat for Humanity

ECBC women celebrate their contributions



Photo by YVONNE JOHNSON

Phyllis Olstrom, right, an Edgewood Chemical Biological Center secretary, greets Concetta Anaclerio, a former employee who retired in 1999 with 35 years of service, at the Berger Laboratory Complex during the salute to ECBC women of the past, present and future on May 8.

Yvonne Johnson
APG News

The U.S. Army Soldier and Biological Chemical Command's Edgewood Chemical Biological Center saluted the women employees of its past, present and future with an afternoon social May 8, that included guest speakers, proclamations and a cake-cutting ceremony in the Berger Laboratory complex.

This event kicked off ECBC's yearlong celebration of its 85th anniversary.

The program's guest speakers were Dr. Anna Johnson-Winegar, deputy assistant to the Secretary of Defense for Chemical and Biological Defense, and Ellen Sauerbrey, U.S. delegate to the United Nations Commission on the

Status of Women. Also in attendance were Michael Parker, SBCCOM deputy to the commander; Maryland State Senator Nancy Jacobs, and Harford County councilwomen, Veronica "Roni" Chenowith and Cecilia Stepp. Jim Zarzycki, ECBC technical director hosted the event. He welcomed the guests, noting that the celebration was the first of its kind at ECBC.

"No commemoration is more important than the celebration of past, present and future contributions of ECBC women," Zarzycki said.

Organizers, led by Charlotte Albro, ECBC human resources manager and this event coordinator, greeted guests at the door with nametags, then escorted them

into the building. During the ceremony, Zarzycki and Johnson-Winegar presented the retirees with a red carnation and a commemorative pin.

"The technical director thought it was important to recognize our women," Albro said, adding that they invited retirees, some from the World War II-era, current employees and recently hired interns who represent the future of ECBC.

Zarzycki set the tone with a review of ECBC and Edgewood Arsenal history. He recalled how during World War II, 85 percent of the workforce was female, and how women took on even greater roles during the Korean and Vietnam conflicts, moving from the assembly to

See ECBC, page 5

POST SHORTS

SHORTS from front page

attend the annual meeting, which focuses on improving the quality of life for everyone connected with APG by airing issues and finding acceptable solutions. Most issues are resolved on the local level, although those with across-the-board implications may be sent to higher headquarters for resolution.

Any questions concerning the AFAP should be directed to Dudley Laucks, Directorate of Information Management, coordinator of this year's seminar, at 410-278-7011, or e-mail dudley.laucks@usag.apg.army.mil.

389th Army Band requests

Requests for the 389th Army Band (AMC's Own) should be submitted 60 days in advance of an event to Sgt. 1st Class Bryan Simpson at 410-278-4380.

ATC changes test firing schedule

Between now and Oct. 1, the U.S. Army Aberdeen Test Center will begin its firing mission at 8 a.m., with a noise calibration shot occurring at 7:30 a.m.

Noise and vibration may be experienced off-post due to test firing and low flying aircraft. Every effort will be made to ensure operations are conducted responsibly to ensure minimal impact to residents in the surrounding communities.

For information, contact George Mercer, Public Affairs Office, 410-278-1147.

USAWOA meeting, June 20

The Aberdeen/Edgewood Chapter of the United States Army Warrant Officer Association will meet June 20 at Top of the Bay. The meeting will be a working lunch from 11:30 a.m. to 1 p.m. in the Old Baltimore Room. All warrant officers are invited to attend.

For more information, contact Pete Hill or Jane Jones at 410-278-4979.

EA, AA communities to hold yard sales

The Aberdeen Area of Aberdeen Proving Ground will hold its community yard sale 8 a.m. to 4 p.m., June 8 and 9. Rain date will be June 15 and 16. Participating housing areas include Patriot Village, Mobile Home Park, New Chesapeake, Bayside Village, School Street, Plumb Point Loop and Hopkins Loop.

The Edgewood Area of APG will hold a community yard sale 8 a.m. to 4 p.m., June 22 and 23. Rain date will be June 29 and 30. Participating housing areas include Everette Road, Deer Run, Grant Court, Skippers Point, Clearview Drive, Chevron Drive and Austin Road.

The Community Life Mayoral Program is sponsoring this year's community yard sales.

CWF sponsors trip to NYC

The Civilian Welfare Fund is sponsoring a trip to New York City, July 13. The bus will depart Aberdeen Proving Ground at 6 a.m., and depart New York City at 5 p.m. The price per person is \$35, which covers transportation.

For reservations or more information, call Angela Keithley or Jacqueline McKeever at 410-278-4603/4771.

Manager needed at EA Thrift Shop

Applications for the position of manager are being accepted at the Edgewood Area Thrift Shop located across from the golf course on Stark Road. Applications will be accepted Tuesday and Thursday, 10 a.m. to 3 p.m. For more information, call 410-676-4733.

OSCA to hold reunion

The Ordnance Supply Control Agency reunion will be held Nov. 3 to 7 in Las Vegas. For more information, e-mail beachcomer08@msn.com or call 941-495-9215.

KUSAHC to hold TRICARE For Life briefings

Kirk U.S. Army Health Clinic will hold briefings for prospective TRICARE For Life participants at the Aberdeen Proving Ground Post Theater on June 3 and 6, 10 a.m. to noon. An evening briefing will be held on June 12, 6 to 8 p.m.

Changes to Consolidated Service Desk training classes

The Directorate of Information Management developed a Consolidated Service Desk for use by all organizations at Aberdeen Proving Ground. The CSD changes the way of doing business at APG, moving away from paper-based systems to Web-based systems.

The CSD can be accessed from a link on the public APG Web site, <http://www.apg.army.mil>. Anyone requesting a product or service from DOIM should use CSD. Products and services include visual information, computer, telephone and computer

application services. Customers will receive immediate e-mail confirmation of their request as well as an electronic confirmation when their request is completed.

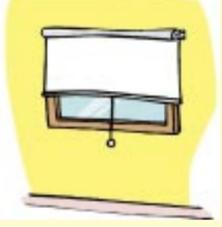
The DOIM is offering training that will focus on the major business process changes and will step through the major features of CSD. Audiences include information technology personnel, trainers, and anybody who wants to learn how to use CSD.

Training will be conducted at Edgewood Auditorium, building E-4810, June 3, 10 to noon; June 4, 1 to 3 p.m.; and June 5, 10 a.m. to noon.

Questions concerning the CSD training should be directed to David Ruff, 410-306-1325 or e-mail him at david.ruff@usag.apg.army.mil.

Pollution Prevention

To save energy when heating or air conditioning, install shades on windows.



APG Pollution Prevention Program

RAB meeting scheduled today

The Installation Restoration Program will hold its next monthly Restoration Advisory Board meeting on May 30, 7 to 9:45 p.m., at the Edgewood Senior Center on Gateway Road. The topics will include updates on the Lauderick Creek Study Area, Munitions Assessment and Processing System, and New O-Field Removal Action Update.

Board meetings are open to the public. APG employees and citizens are invited. For more information, call the Information Line at 410-272-8842 or 1-800-APG-9998.

Child/Youth Services Summer Program

Join the Aberdeen Area Child/Youth Services Summer Program Summer Camp Open House for registered participants June 8, 8 a.m. to noon, at the Aberdeen Youth Center, building 2522.

Campers will embark upon a summer journey of heroism and serving the community; meet the directors, site-supervisors, counselors, administration and sports staff and a whole lot of new friends.

Summer Camp begins June 17.

For more information, call the APG Youth Center at 410-278-4995. (Note: Summer Camp registration will not be available at the Open House.)

Re-Nu-It Center summer hours

The Re-Nu-It Centers summer hours are: Aberdeen Area, building 5413, Tuesday through Saturday, 8 a.m. to 4:15 p.m.; Edgewood Area, building E-5703, Wednesday, 8 a.m. to 4:15 p.m. and Friday, 10 a.m. to 6:15 p.m. For more information, call the AA center at 410-278-8814 or the EA center at 410-436-2398.

Colon cancer information briefing

Due to overwhelming interest following April's presentation on colon cancer, the APG Committee for the Disabled will host Michael Choti, M.D., from the Johns Hopkins Colorectal Cancer Center and an associate professor at JHU School of Medicine, in a special presentation on colon (colorectal) cancer, June 3, 3 p.m., in the Chesapeake Mezzanine at Top of the Bay, Aberdeen Area.

Choti is a world-renowned expert on colorectal cancer and an outspoken advocate for public awareness of medical aspects of colon cancer prevention, screening, diagnosis and treatment options.

This presentation is open to the APG community. It is for information purposes only, and is not an APG endorsement of the speaker or any organization. For more information, call Angela Cheek, 410-278-1140.

Parkinson's disease information briefing

The APG Committee for the Disabled presents Rebecca Dunlop, R.N., B.S.N., nurse coordinator with The Parkinson's Disease Center of Johns Hopkins Hospital, May 30, 2:30 p.m. at Top of the Bay in the Gunpowder Lounge, Aberdeen Area.

Dunlop will provide an overview of Parkinson's Disease that includes who is at risk; its effects on patients, family members and caregivers; and current treatment options.

The presentation is open to the entire APG community. It is

for information purposes only, and is not an APG endorsement of the speaker or any organization. For more information, call Angela Cheek, 410-278-1140.

Building blocks to success

Army Community Service is sponsoring a series of wealth building classes to teach how to manage money, live debt free and protect income.

- June 6 The Art of Budgeting
- June 13 Banking and Checking Accounts
- June 20 Using Credit Wisely
- June 27 Saving and Investing

Classes are free and open to all civilians, active duty personnel, retirees and family members. All classes will be held 11:30 a.m. to 12:30 p.m. at the Army Community Service Center, building 2754, Rodman Road. Space is limited.

For more information or to reserve a seat, call Arcelio V. Alleyne, 410-278-2450. Attendees are encouraged to bring their lunch.

ACS holds small business classes

The Army Community Service Employment Readiness Program, the Veterans Business Development Program and the Small Business Development Center at Harford Community College will sponsor a class for starting a small business.

This information will help prospective and established businesses clarify their needs, and learn more about the resources available. Classes are free to APG adults with valid ID. Register soon - seating is limited.

The following classes will be held at the Army Community Service Employment Readiness Center, building 2752, conference room:

- June 4, 6 to 8 p.m. - Writing a Strategic Business Plan

For registration or more information, call Marilyn Howard, family member employment readiness manager, ACS, 410-278-9669.

NASA Space Camp scholarship available

The Military Child Education Coalition has endowed a NASA Space Camp scholarship in memory of Bernard Curtis Brown II, who was killed on Sept. 11.

The scholarship will fund the tuition and travel for a student to attend the NASA Space Camp this summer. Applicant must be a child of an active duty military parent and a student between sixth to ninth grades before the entry deadline of June 1.

The recipient of the 2002 Bernard Curtis Brown II Memorial Space Camp Scholarship will be notified by June 25, and presented with the scholarship at the MCEC national conference in San Antonio, Texas, on Aug. 2.

For more information or to download an application, visit the MCEC Web site at www.militarychild.org.

Employment Readiness Workshop offers summer classes

Army Community Service, Family Member Employment Readiness Program will hold Employment Readiness Workshops throughout the summer.

The workshop includes classes about Internet tools, resume pointers and other great ideas to energize your job search. Classes will be held from 1 to 3 p.m. every Monday in building 2752 Rodman Road, 2nd floor.

Scheduled classes include June 24, Information session for interview skills; July 15, Job skills workshop/Finding the perfect career; Aug. 19, Information session for interview skills and Sept. 16, Information session for resumes.

Classes are open to APG adult family members and APG civilians. To register, call Marilyn Howard, 410-278-9669.

VTC unites military family members

Army Community Service has set up a free video teleconference (VTC) available for military families to get in touch with their deployed loved ones. The VTC is located at ACS, building 2754, Rodman Road. Families will be able to see each other on a wide screen. To set up an appointment, call ACS, 410-278-2453.

APG Newcomer Orientation today

The Aberdeen Proving Ground Newcomer Orientation will be held May 30 at the Aberdeen Area Recreation Center, building 3326, 1 to 3 p.m. All military and civilian personnel, retirees and their family members are invited to attend. Representatives of support agencies and organizations will be present to discuss their activities.

Door prizes will be awarded as well as give-aways available. For more information, call Fred Posadas, relocation manager, Army Community Service, 410-278-2453.

APG News

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: AMSSB-GIM, APG, MD 21005-5005, 410-278-1150. Printed circulation is 8,900.

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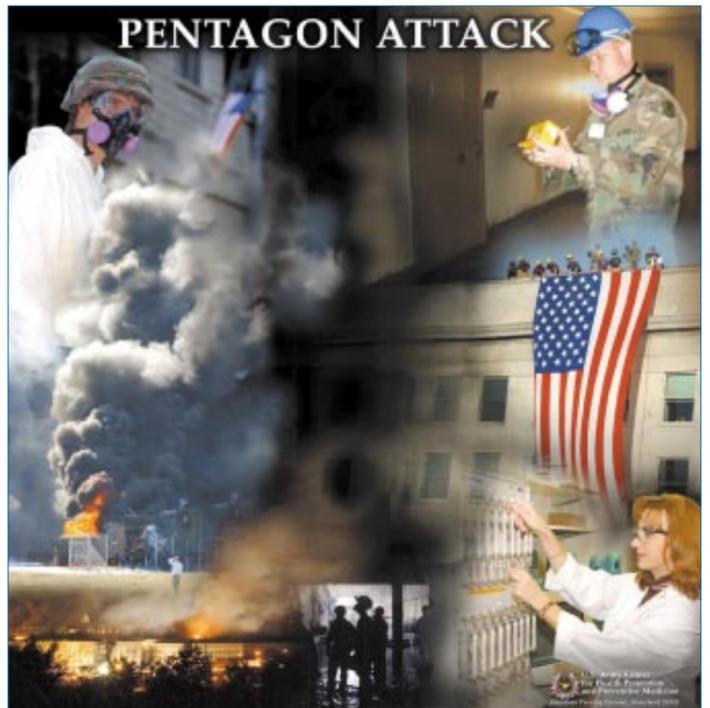
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Deadline for copy is Thursday at noon for the following Thursday's paper.

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CHPPM AWARDED FOR RESPONSE



Poster by MARK FISCHER
The U.S. Army Center for Health Promotion and Preventive Medicine deployed a Special Medical Augmentation Response Team-Preventive Medicine to support the medical response to the Sept. 11 attack at the Pentagon. (See story on page 2.)

CHPPM recognized for excellence in environmental engineering

Evelyn B. Riley
CHPPM

Personnel from the U.S. Army Center for Health Promotion and Preventive Medicine accepted the 2002 Excellence in Environmental Engineering Operations/Management Grand Prize Award from the American Academy of Environmental Engineers at an April 18 ceremony at the National Press Club in Washington, DC.

CHPPM received the award in recognition of industrial hygiene and environmental engineering support to the Pentagon immediately following the terrorist attack on Sept. 11.

A team of experts deployed immediately to the Pentagon to determine the levels of hazardous contamination present due to the incident in and around the Pentagon; recommend mitigation of any hazards that posed a health threat to the occupants and personnel conducting operations in response to the incident; and measure and assess the health impact of a wide range of contaminants that might be present because of the aircraft and building fire damage.

"The recognition received by the AAEE demonstrates the excellent scientific work performed by the CHPPM in

the politically charged, dangerous environment after the terrorist attack on the Pentagon," said Lt. Col. Laurie A. Cummings, CHPPM officer in charge. "The amazing feat of bringing together a team of over 100 scientists, engineers, and health professionals from across three services of the DoD all focused on the common goal of assessing the risk to Pentagon employees in less than 12 hours, was extraordinary."

The Excellence in Environmental Engineering competition of the AAEE exists to identify and recognize the best of today's environmental engineering research, planning and design and the best operation and management of environmental facilities and programs. It singles out those projects and programs which contribute to the safety of humankind. Its criteria define what it takes to be the best in environmental practice - a holistic environmental perspective, innovation, proven performance and customer satisfaction, and contribution to an improved quality of life and economic efficiency.

Those chosen for awards in 2002 by an independent panel of distinguished experts addressed the broad range of modern challenges inherent to providing life-nurturing services for humans and protec-

tion of the environment.

The Directorate of Laboratory Sciences completed over 1,500 sample analyses and reported in excess of 19,000 results of hazardous substances. The laboratory's extensive accreditations and certifications provided an unmatched quality and reliability to meet demanding regulatory requirements and scientific scrutiny required for this assessment.

According to Col. James S. Little, director, Laboratory Sciences, it was vital to national security that the 23,000 occupants of the Pentagon be allowed to return to their work environment as soon as it was deemed safe.

"We analyzed 1,498 air, water, and surface samples for greater than 19,000 analytes (contaminants) in 15 days (Sept. 13 to 27) and turned around 94 percent of the results in less than 34 hours," Little said. "This was done to ensure that the Pentagon workers could return to a safe and healthy work environment — safe air to breathe, safe water to drink, and a safe building free of contaminants."

"This dynamic team effort involved many areas of occupational health and environmental engineering practices, all available at CHPPM," Little said.

Making allocations, transfers in TSP

Teri Wright
CPAC

Since May 1, 2001, employees will make all contribution allocations and interfund transfers directly with TSP contribution allocations and interfund transfers.

A contribution allocation is an allocation of future contributions (was previously limited to the open seasons). Employees can make only one contribution allocation per day (versus twice annually as before).

An interfund transfer is a move of some or all of the balance of your account into other fund(s). As before, employees can only make one interfund transfer per month.

To make a contribution allocation, interfund transfer or both, employees may:

1. Visit the TSP Web site at www.tsp.gov and click on account access,
2. Call the ThriftLine at 1-504-255-8777, or
3. Complete form TSP-50, Investment Allocation, and mail to TSP.

TSP-50's may be obtained from a servicing CPAC personnel assistant. Only original copies of TSP-50 forms may be used - no photocopies. (TSP recommends the use of the Web site or Thrift Line for making such changes rather than the TSP-50.)

Employees will need their TSP PIN to make any changes electronically. If employee does not have a PIN but already has a TSP account, a PIN can be requested by visiting the TSP Web site or calling the ThriftLine. Employees will not be permitted to make any electronic changes until PIN is received (in approximately 10 business days).

Virtual card says thanks to men, women in uniform

Military Report.com

May is National Military Appreciation Month each year.

In 2002, with Americans in combat in Afghanistan and positioned to face terrorists around the world, it is even more appropriate to recognize the sacrifices American service members make for freedom.

People who wish to show their appreciation may sign "America's Thank You

Note" to the men and women serving in the military. The Thank You Note exists in cyberspace.

Anyone with a computer can "sign" the card by going to <http://www.defendamerica.gov/> and following the instructions. Visitors can type in a name, hometown and state and then click on a button to submit the greeting. When completed, a message thanks them and adds, "Remember, it doesn't have to be Military Appreciation

Month to thank a service member."

Persons without computers can enter DefendAmerica.gov at computer terminals in public libraries or other sites. Companies, local governments, installations, schools and service organizations are welcome to link to the Thank You Card from their own Web sites.

America's Thank You Note will be available through May 31.

Family Care Plans essential for single parents

Courtesy of MilitaryReport.com

Army News Service reminds Army service members that every single-parent soldier, dual-military parent, and single and dual-military pregnant soldier is required to develop a Family Care Plan by Army Regulation 600-20.

The plan (DA Form 5305) at a minimum includes proof that a guardian has agreed to care for dependent children under the age of 18. Powers of Attorney for medical care, guardianship and the authorization to start or stop financial support should be in the packet. Military ID cards should be issued for children who reside with a single parent or dual military couple. Lastly, the regulation requires a letter of instruction to the guardian/escort. This letter should contain specific instructions needed for the guardian to ensure the care of the dependents.

Things the regulation doesn't require but experts say should be considered for the packet

include: birth certificates, social security cards, shot records, other medical or insurance cards, medication dosages for the child if necessary, and lists of family-member addresses and phone numbers in case of emergency.



Officials also recommend that parents keep documents such as birth certificates in one place (an accordion-style organizer or file cabinet special drawer). Parents should label or tab folders to make it easy for the guardian to find documents fast.

Parents should also make advance contact with financial institutions, children's doctors, schools and daycare providers prior to deployment. They recommend giving these agencies a copy of the Family Care Plan.

For more on family care plans, visit http://www.military.com/Resources/ResourceFileView?ESRC=mr.nl&file=Active_Family_Care.htm.



BEING CALLED UP? MOBILIZING? DEPLOYING?

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Outlook tip #8



Printing a list of appointments from your calendar

Open your Outlook calendar.

Click on the Print icon or select File / Print.

Select the Calendar Details Style under the "Print Style" options.

Include a start and end date range for printing.

By selecting the Page Setup button, you can determine whether to start a new page for each day.

See Outlook Tip #10 located in the Outlook Tips Public Folder for more details.

Select Public Folders, then All Public Folders, then APG, then Outlook Information and finally select Outlook Tips.

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Stay alert during tornado watches, warnings

Marguerite Towson
APG News

Residents of College Park, La Plata and even Aberdeen Proving Ground can attest to the wrath of tornadoes.

On June 29, 1980, 10 people were injured when an F2 twister moved northeast onto APG. Its path, two miles long and 150 yards wide, struck the 24-home trailer park destroying 17 homes and damaging the remainder at an estimated \$250,000.

This year within 16 days in Maryland, four tornadoes were either spotted on radar or on the ground.

The introduction of Doppler radar and other technology has made it possible to spot tornadoes not visible from the ground. As Marylanders have built homes in previously rural parts of the state, there are more people around to witness tornadoes and report them to the weather service.

When a tornado is imminent, there is only a short amount of time to make life-or-death decisions.

Advance planning and quick response are the keys to surviving a tornado.

Before tornadoes strike

Conduct tornado drills each tornado season.

Designate an area in the home as a shelter, and practice having everyone in the family go there in response to a tornado threat.

Discuss with family members the difference between a "tornado watch" and a "tornado warning."

Contact your local emergency management office or American Red Cross chapter for more information on tornadoes.

Have disaster supplies on hand:

- Flashlight and extra batteries
- Portable, battery-operated radio and extra batteries
- First aid kit and manual
- Emergency food and water
- Non-electric can opener
- Essential medicines
- Cash and credit cards
- Sturdy shoes

Develop an emergency communication plan

In case family members are separated from one another during a tornado (a real possibility during the day when adults are at work and children are at school), have a plan for getting back together.

Ask an out-of-state relative or friend to serve as the "family contact." After a disaster, it's often easier to call long distance. Make sure everyone in the family knows the name, address, and phone number of the contact person.

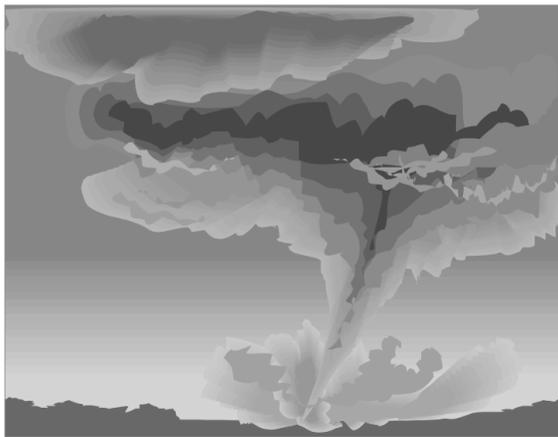
Tornado watches and warnings

A tornado watch is issued by the National Weather Service when tornadoes are possible in your area. Remain alert for approaching storms. This is the time to remind family members where the safest places within your home are located, and listen to the radio or television for further developments.

A tornado warning is issued when a tornado has been sighted or indicated by weather radar.

Mobile homes

Mobile homes are particularly vulnerable. A mobile home can overturn very easily even if precautions have been taken to tie



down the unit. When a tornado warning is issued, take shelter in a building with a strong foundation. If shelter is not available, lie in ditch or low-lying area a safe distance away from the unit.

Tornado danger signs

Learn these tornado danger signs:

- An approaching cloud of debris can mark the location of a tornado even if a funnel is not visible.
- Before a tornado hits, the wind may die down and the air may become very still.

* Tornadoes generally occur near the trailing edge of a thunderstorm. It is not uncommon to see clear, sunlit skies behind a tornado.

During a tornado

If at home:

- Go at once to a windowless, interior room; storm cellar; basement; or lowest level of the building.
- If there is no basement, go to an inner hallway or a smaller inner room without windows, such as a bathroom or closet.
- Keep away from the windows.
- Go to the center of the room. Stay away from corners because they tend to attract debris.
- Get under a piece of sturdy furniture such as a workbench or heavy table or desk and hold on to it.
- Use arms to protect head and neck.
- If in a mobile home, get out and find shelter elsewhere.

If at work or school:

- Go to the basement or to an inside hallway at the lowest level.
- Avoid places with wide-span roofs such as auditoriums, cafeterias, large hallways, or shopping malls.

• Get under a piece of sturdy furniture such as a workbench or heavy table or desk and hold on to it.

- Use arms to protect head and neck.

If outdoors:

- If possible, get inside a building.
- If shelter is not available or there is no time to get indoors, lie in a ditch or low-lying area or crouch near a strong building.

Be aware of the potential for flooding.

- Use arms to protect head and neck.

If in a car:

- Never try to out drive a tornado in a car or truck. Tornadoes can change direction quickly and can lift up a car or truck and toss it through the air.

- Get out of the car immediately and take shelter in a nearby building.

- If there is no time to get indoors, get out of the car and lie in a ditch or low-lying area away from the vehicle. Be aware of the potential for flooding.

After the tornado has passed

- Help injured or trapped persons.
- Give first aid when appropriate.
- Don't try to move the seriously injured unless they are in immediate danger of further injury.

- Call for help.
- Turn on radio or television to get the latest emergency information.

- Stay out of damaged buildings. Return home only when authorities say it is safe.

- Use the telephone only for emergency calls.

- Clean up spilled medicines, bleaches, gasoline or other flammable liquids immediately. Leave the building if you smell gas or chemical fumes.

- Take pictures of the damage — both to the house and its contents — for insurance purposes.

Remember to help your neighbors who may require special assistance—infants, the elderly, and people with disabilities.

Inspecting utilities in a damaged home

Check for gas leaks - if you smell gas or hear a blowing or hissing noise, open a window and quickly leave the building. Turn off the gas at the outside main valve if you can and call the gas company from a neighbor's home. If you turn off the gas for any reason, it must be turned back on by a professional.

Look for electrical system damage—If you see sparks or broken or frayed wires, or if you smell hot insulation, turn off the electricity at the main fuse box or circuit breaker. If you have to step in water to get to the fuse box or circuit breaker, call an electrician first for advice.

Check for sewage and water lines damage—If you suspect sewage lines are damaged, avoid using toilets and call a plumber. If water pipes are damaged, contact the water company and avoid using water from the tap. You can obtain safe water by melting ice cubes.

Fujita - Pearson Tornado Scale

- F-0: 40-72 mph, chimney damage, tree branches broken
- F-1: 73-112 mph, mobile homes pushed off foundation or overturned
- F-2: 113-157 mph, considerable damage, mobile homes demolished, trees uprooted
- F-3: 158-205 mph, roofs and walls torn down, trains overturned, cars thrown
- F-4: 207-260 mph, well-constructed walls leveled
- F-5: 261-318 mph, homes lifted off foundation and carried considerable distances, autos thrown as far as 100 meters

(Editors note: Data was resourced from Web sites <http://www.fema.gov/library/tornadof.htm> and <http://www.spc.noaa.gov/faq/tornado/>.)

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ECBC licenses computer-based support system

Kelly Buckingham
ECBC

The Edgewood Chemical Biological Center recently signed a licensing agreement to complete the development of a unique, portable, computer-based integrated decision-aid support system.

Known as the Automated Decision Aid System for Hazardous Incidents, it is designed to improve military and civilian response to a hazardous incident involving chemical and biological agents. It can be used at the incident site or at operation centers to actively support decision-makers.

ECBC signed a patent licensing agreement with OptiMetrics, Inc., based in Bel Air, to complete the development of the ADASHI(tm).

ASAP

From front page

of hemp seed oil or products made with hemp seed oil is prohibited. Failure to comply with the prohibition on the ingestion of hemp seed oil or products with hemp seed oil is a violation.

- Promotes the concept of risk reduction to target potential problems before they become crises, placing families, careers, productivity, and readiness in jeopardy.

- All soldiers will receive a minimum of four hours of alcohol and other drug awareness training per year.

- All civilians will receive a minimum of three hours of alcohol and other drug awareness training per year.

- Requires soldiers who are command-referred and enrolled in the ASAP be "flagged."

- Requires all active component soldiers be tested for drugs at a rate that approximates one unannounced random sample per year.

- Expands the Army's civilian Drug-Free Federal Workplace drug testing program and implements the Department of Transportation, Commercial Driver's License program, and Controlled Substances and Alcohol Use Testing.

"We believe the ADASHI(tm) will be recognized by the emergency response community as the premier decision support and incident management product," stated Russell Stout, vice president and region manager of OptiMetrics.

According to Stout, OptiMetrics has set an aggressive schedule to complete the ADASHI(tm), which will occur in stages. A fully robust product, which includes components for responding to both chemical and biological incidents, is expected to be completed in five years.

James Zarzycki, director of ECBC, stated, "The area of information management and technology is very important and this partnership is a new and important step for ECBC because it is the center's first licensing agreement on software."

On June 11 at the APG Post Theater, building 3245, 8:30 to 11 a.m., the ASAP will provide a final make-up training class for all civilians who meet the criteria for the appropriate sensitive positions or categories of positions designated as Expanded Testing Designated Positions. The Edgewood Area make-up training will be at the Conference Center, June 17, 8 to 10 a.m.

The positions are as follows:

- Positions that authorize the incumbent to carry firearms

- Positions that require the incumbent to routinely operate a motor vehicle transporting one or more passengers on at least a weekly basis

- Operators of motor vehicles who are required to have Commercial Drivers Licenses and drive motor vehicles weighing more than 26,001 pounds or drive motor vehicles transporting hazardous materials

- Positions that requires the incumbent to maintain a Top Secret clearance or have access to sensitive compartmented information

- Railroad operating crews and railroad personnel in positions in which the duties include handling train movement orders, conducting safety inspections, or the maintaining and repairing of signal systems

- Aviation flight crewmembers, air traffic controllers, and

aviation personnel in positions in which the duties include dispatching, safety inspections, or the repair and maintenance of aircraft

- ASAP positions in which the incumbent provides direct rehabilitation and treatment services to identified illegal drug users

- Personnel Reliability Program positions. Nuclear duty positions or chemical duty positions under the provisions of AR 50-5 or 50-6

- Positions that require duties involving the supervision or performance of controlling and extinguishing fires, and /or the rescuing of people endangered by fire

- Positions that require the handling of munitions or explosives in connection with the manufacturing, maintenance, storage, inspection, transportation, or demilitarization of these items

- Positions that require the incumbents to electroplate critical aircraft parts
- Law enforcement personnel with drug interdiction duties who have access to firearms

The ASAP also provides other services and the Community Counseling Center has an Employee Assistance Program that is managed by an employee assistance professional.

For more information, call 410-278-5319 or 410-436-3477.

ECBC scientist nationally selected as one of "Ten Outstanding Young Americans"

Kelly Buckingham
ECBC

A molecular toxicologist at the Edgewood Chemical Biological Center has been selected by the U.S. Junior Chamber (Jaycees) and the Award's Honorary Chairman, Ted Waitt, Gateway chairman and CEO, as one of the Ten Outstanding Young Americans for 2002.

Dr. Jennifer Weeks Sekowski will be recognized at an awards ceremony scheduled for June 29, in Sioux Falls, S.D., in conjunction with the Jaycee's Annual Meeting.

The TOYA awards program began in 1938 to recognize young people who are the best, brightest, and most inspirational leaders

America has to offer.

"This award recognizes both the incredible diversity of Dr. Sekowski's intellectual accomplishments and personal interests, and the critical importance of her public service in biological defense research," said Dr. Jay Valdes, senior technologist for Biotechnology and Sekowski's supervisor.

Sekowski, who was hired by ECBC in 2000, is a doctor in molecular and cellular biology. In her graduate and post-doctoral work she made important discoveries in cancer research through her study of DNA replication.



At the center, she works to uncover gene and protein alterations that are produced by low-level exposures to chemical warfare agents and other environmental toxicants.

Goals of this research are to gain an understanding of the molecular toxicology of low-level exposures, and to help build an understanding of how sensitive detection and protective equipment systems must be to protect warfighters.

Sekowski is also working on developing new methods to rapidly detect and identify biological warfare agents using DNA microarrays, known as gene chips.

Outside her official duties, she volunteers for

Kids and Chemistry, a scientific outreach program, sponsored by the American Chemical Society and the U.S. Army Soldier and Biological Chemical Command. Kids and Chemistry brings fun, hands-on science experiments to 9 to 12 year olds in local elementary schools.

The Jaycees was established in 1920 and helps give young people between the ages of 21 and 39 the tools they need for success in the areas of business development, management skills, individual training, community service and international connections. Past recipients of the TOYA award include Elvis Presley, John F. Kennedy, Bill Clinton, and Orson Wells.

Getting back to the basics – body, mind, spirit

Chaplain Lt. Col. Gregory L. Black
CHPPM

What helps some people who are abused, oppressed, or just unlucky, survive and even thrive? How do they stand firm in the end? Perhaps mind over matter or brute strength make a difference; however, the ability to connect with the spirit of life itself propels them over the top. Body and mind may get first consideration, but according to some experts, spirituality moves survival into the realm of triumph.

Jared and Lynn Kass developed a resource that can help individuals become more aware of their spiritual resiliency: The Spiritual Resiliency Quiz. This quiz allows individuals to first recognize and then measure their spiritual assets. It can be found on <http://www.hoah4health.com/spirit/resiliency-start.htm>.

Using this resource, individuals will discover how their spirituality impacts day-to-day life so that they can turn mere survival into real triumphs.

In their Spirituality and Resiliency Assessment Packet, the Kass' define spirituality as "connectedness." They propose that spirituality spans both human and divine relationships. The spiritual person links with others and with the divine "Other" (God or a higher power, as defined by the individual), producing resources for living and giving.

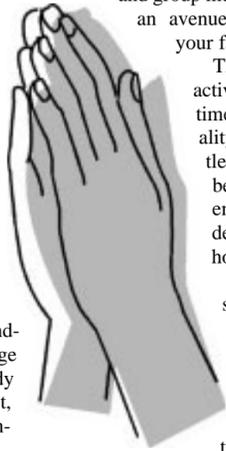
The spiritual resource that helps us live life to its fullest, bending not breaking with adversity, is called resilience. As a bridge sways and returns to center, so the spiritual person holds steady in the storms of life. The Army values of loyalty, duty, respect, honor, integrity, and personal courage reflect this two-fold connectedness.

Richard J. Gilmartin proposes another aspect of spirituality in his book, Pursuing Wellness Finding Spirituality. He says that spirituality is reaching out to others as in the Army value of selfless service. Selfless service often exceeds our own resources and taps into the connectedness of spirituality.

Connectedness, then, encompasses both resilience and respon-

siveness. Spiritual people can bounce back and maintain their identity and inner balance. They respond with resources beyond themselves to accomplish great feats. When we are able to access and express our spirituality, it supplements mental and physical health. As the professional athlete compensates for broken bones by relying on enhanced nerve and muscle systems, so the spiritual person can compensate for mental or physical limitations with spirituality. How can we increase spirituality to enhance our performance?

First, we need to take time to address spirituality. Both resiliency and responsiveness can be enhanced through individual study and group meetings. Prayer, meditation, and worship provide an avenue toward increased connectedness. Practicing your faith adds to your reservoir of resources.



Then, tapping into your spirituality for daily activities helps you access spiritual resources in times of distress or crisis. "The practice of spirituality," say David and Susan Larson in a study entitled The Faith Factor, "enhances feelings of well-being up to 400 percent." Their studies reveal enhanced recovery rates in patients with less depression and distress upon discharge from the hospital, as well as reduced rates of suicide.

Spiritual practice is also beneficial for combat survival. Retired Navy Commander Porter A. Halyburton, spent seven and a half years imprisoned by the North Vietnamese. He credits his Christian faith with adgnified and honorable survival, saying, "I knew that this was something that my captors could never take away from me."

Soldiers learn survival skills and develop strength and agility to survive any ordeal and accomplish the mission. However, relying on mental and physical abilities alone may not be enough.

If you are unsure about your ability to leverage your spiritual assets, why not begin with the Spiritual Resiliency Quiz?

ECBC

From front page

the manufacturing process.

During Operation Desert Storm, when there was great concern that Iraq would use chemical weapons, women helped run the operations centers and provided critical logistical support, Zarzycki said.

"Now, women are even more important to chemical/biological defense," he added. "Much of the tremendous good done by this organization has been led by female employees."

He noted that the Homeland Defense Web site, which is managed by a woman, gets 5,000 hits a day and that women make up 30 percent of the workforce in engineering,

technical specialties and administration.

"I see female engineers and scientists in key management positions as women in ECBC's past, present and future," Zarzycki said.

Parker, Stepp and Jacobs read proclamations from the council and state legislature.

Sauerbrey, who served in the Maryland House for 16 years, talked about women's rights around the world and Johnson-Winegar addressed women's increasing importance in chemical/biological defense.

In closing, Zarzycki recognized three female ECBC recipients of the Federal Executive Board awards.

(Editor's note: The Federal Executive Board awardees will be named in a June Issue of the APG News.)

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Cervical cancer: deadly but preventable

Brad Taft
CHPPM

Cervical cancer is a female health issue that may be difficult for women to discuss with healthcare providers. Women may desire reliable information about cervical cancer while healthcare providers may be reluctant to address the issue because cervical cancer risk factors involve the sensitive areas of personal sexual behavior and regular medical screening using the Papanicolaou test, or Pap test.

As reported by the Centers for Disease Control and Prevention, the number of cases of actual cervical cancer in the United States has decreased substantially since 1950. The CDC credits this largely to the effective use of the Pap test by healthcare providers. An estimated 12,900 new cervical cancers and 4,400 cervical cancer deaths occurred in the United States in 2001.

The key to cervical cancer prevention is the Pap test. Because cervical cancer occurs in stages, a Pap test is used to detect cells showing early changes that could lead to cervical cancer prior to the development of cancerous tissue. When cellular changes are detected early and preventive treatment occurs before the presence of cancerous tissue, cervical cancer is 95 percent preventable, according to the CDC.

The Pap test is a simple screening exam that most women should have every year, or at least once every three years if the woman has no risk factors for cervical cancer. As reported by the National Cancer Institute (one of the major research institutes at the National Institutes of Health), women who do not have regular Pap tests are at a higher risk for developing cer-

vical cancer. There is no upper age for Pap tests to be discontinued, and women age 65 and older make up 41 percent of the deaths resulting from cervical cancer.

Other risk factors are: early onset of sexual activity, multiple sexual partners, infection with certain types of human papillomavirus, the presence of other sexually transmitted diseases, having sexual contact with someone having a sexually transmitted disease, exposure to tobacco smoke, present infection with human immunodeficiency virus and poor nutrition.

Having a regular Pap test is the key to preventing cervical cancer in women. Unfortunately, women from certain ethnic minorities tend to have fewer Pap tests. All women from all ethnic groups are susceptible to cervical cancer and having a regular Pap test provides the best method to avoid this deadly, but preventable disease.

Further reliable information about the prevention of cervical cancer is available online from the National Cancer Institute at <http://www.cancer.gov> or by telephone at 1-800-4-CANCER.

**Do you need some extra cash?
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Date: **June 1st** (raindate June 8)



Time: **7 a.m. - 11 a.m.**



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Army News



Promotions to come earlier for junior soldiers

Staff Sgt. Marcia Triggs
Army News Service

Changes to the enlisted promotion system will result in 3,500 privates instantaneously rising to the rank of specialist later this year.

Constraints that prohibit soldiers from making sergeant will also be removed in October, said Sgt. Major Gerald Purcell, personnel policy integrator with the Army's G1.

The playing field will be leveled for Basic Noncommissioned Officer Course graduates with similar military occupational specialties, he added.

Privates first class will pin on the rank of specialist after being in the Army 24 months instead of the required 26 months that is currently in effect. The change is designed to help the Army meet its required number of specialists and align the Army's promotion policy with its sister services.

A shortage of specialists in the Army ranks now stems from a recruiting lull three years ago, Purcell said. The Army was forced to look at ways to get more privates first class promoted, he said.

"While researching ways to increase E-4 (specialist) promotions, I discovered that under Department of Defense guidance, the services can advance to the grade of E-4 after 24 months of service. The other services are already complying with the guidance," Purcell said.

Part of DoD's guidance was that at any time there couldn't be more than 20 percent of the specialist force with less than 24 months of ser-

vice. The Army didn't have the technology to accurately track the force, which is why it chose to promote after 26 months, Purcell said.

The early promotion to specialist is considered a good thing for the Army, Purcell said, but it's getting mixed reviews from senior noncommissioned officers.

"I understand the Army needs to meet end strength, but it's not in the best interest of the soldier to promote him before he's ready for the added responsibility that more rank comes with," said 1st Sgt. Charles Greene from Fort Knox, Ky.

Soldiers who know their jobs and take the initiative to learn more, are the ones who deserve promotion, Greene said.

While not all senior NCOs are ecstatic about the change to the promotion policy, everyone agrees that junior soldiers will be pleased.

"The early promotion will be an overall benefit for the Army because it will increase morale in the junior ranks," said 1st Sgt. Roberto Vielma from Fort Campbell, Ky.

Another policy change initiated to increase morale, and promote more to the NCO corps, is the elimination of the requirement that a soldier have six months of remaining service in order to be promoted to sergeant, Purcell said.

The elimination was at the request of Lt. Gen. Timothy Maude, who served as the Army's deputy chief of staff for personnel until he was killed by the attack on the Pentagon Sept. 11.

"He felt that there were too many constraints in the regulation prohibiting soldiers to make

sergeant. It was an unnecessary hurdle to overcome," Purcell said.

Until recently, sergeants were under-strength in the Army, Purcell said. However, conditional promotions to sergeant have helped increase the numbers.

Specialists who meet the cutoff score for promotion — but are operationally deployed, on a temporary profile or on the waiting list to attend a Primary Leadership Development Course — are able to receive a conditional promotion to sergeant. However, they are required to attend PLDC within 12 months.

May marked the 12-month deadline to attend PLDC for the first 500 soldiers that were conditionally promoted a year ago. An extension was given to 44 soldiers and three were administratively reduced to specialist, Purcell said.

The soldiers who were reduced in rank will not have to reimburse the Army because they did serve in the grade of sergeant, Purcell said. They just didn't meet the conditions of their promotion.

More soldiers were expected not to reach the 12-month requirement and be reduced in rank, but three was too many, Purcell said.

"Every soldier's command that was conditionally promoted committed to getting that soldier trained within the mandated time limit," Purcell said. "We shouldn't have one soldier who is reduced in rank because he hasn't been to school. If the soldier isn't qualified, then there are provisions to get him removed from the promotion list."

Another change in promotion policy this fis-

cal year will affect promotable sergeants graduating from the Basic Noncommissioned Officer Course.

Beginning Aug. 1, soldiers will no longer receive four promotion points per BNCO course week. Forty points will be awarded to individuals who successfully complete BNCO, regardless of the course length, Purcell said.

"We're treating BNCO as an equal element. So as we merge similar MOSSs, no one is at a disadvantage," Purcell said. "The perception is people are going to lose points because their course is longer than 10 weeks. That's not true."

"The point system will be applicable to every soldier in the MOS, and the cut-off score will reflect that."

Soldiers who will mostly be affected are ones that are in MOSs that have been merged, such as the medical field. Last year several medical skills were combined under the umbrella 91W. After the merge, some soldiers had promotion points based on a 12-week BNCO course while others had points based on an eight-week course.

The new point system will give everyone promotion points based on set standards instead of the length of the course, Purcell said.

In July all Personnel Support Battalions will begin converting the BNCO points, and adjusting promotion points. Soldiers will not be required to do anything, Purcell said.

Captains promoted at 38 months beginning October



Gary Sheftick
Army News Service

The Army will promote officers earlier to the grade of captain, beginning in October.

The accelerated pin-on of bars should help alleviate a shortage of 1,900 captains, according to Army personnel officials. They said many lieutenants are now filling captain jobs. The Army also has 2,200 more lieutenants than it is

authorized and the early promotions will help level that out, officials said.

The early promotions will help align the company-grade "inventory" with available positions, said Maj. John Thurman, an operations research analyst in the Directorate of Military Personnel Policy, G1.

The new policy will take effect in October with a grad-

ual implementation, Thurman said. Officers promoted to captain in November will have 40 months of service, instead of the current 42 months. Those promoted in December will have 39 months. A new captain's board is scheduled to meet in November. Those promoted in the spring will have 39 to 40 months of service, Thurman said, and by June the new policy should be fully

implemented with all promotions at 38 months.

The Fiscal Year 2002 Defense Authorization Act authorized the Army to promote officers to captain after just 36 months of service, but Army leaders determined that 38 months would help solve the shortage and still allow lieutenants developmental time as platoon leaders.

"It will require management at the battalion-commander level to make sure lieutenants get trained," one officer said.

Before 2000, captains were not promoted until they had 48 months of service. The exception to this was wartime, officials said. During the Vietnam War, some of today's generals were promoted to captain with just two years of service.

Army Chief of Staff Gen. Eric K. Shinseki was promoted to captain in 1967 after 29 months of service. Many officers in Vietnam were promoted to captain after 24 months of service — including Gen. Montgomery Meigs, now head of U.S. Army Europe; Gen. John N. Abrams at U.S. Army Training and Doctrine Command; and Gen. Thomas A. Schwartz, commander of U.S. Forces Korea.

The congressional authorization for early promotions to captain has a sunset clause and expires Oct. 1, 2005. At

that time, Thurman said leaders will reassess whether early promotions to captain is still beneficial.

The accelerated promotions may substantially bring down the shortage of captains by that time, Thurman said, but added that it won't be an immediate fix.

"Our deficit was a decade in the making," Thurman said, explaining that it will take some time to reverse it.

The captain shortage was caused by an under-accession of lieutenants in the early 1990s, Thurman said. Then it was compounded by attrition during the booming economy of the late 1990s, he said, when job offers were plentiful from the private sector.

Thurman said there was never any intent for the new policy to have an affect on retention of captains.

"We don't think this policy will have any affect on an officer's decision to stay or leave," Thurman said. "Getting promoted to captain four months early is not going to change your world."

Army personnel officials said that captain attrition rates have "stabilized, at or about normal levels." Last year, about 60 fewer captains left active duty than in fiscal year 2000.

MORE ARMY NEWS page 12

eMILPO

From front page

behind and is no longer an efficient way to manage soldiers," said Col. Howard Olsen, a career Adjutant General officer and commander of the Enlisted Records and Evaluation Center in Indianapolis.

eMILPO is a Web-based system and will require little training. It is an interim step however, toward a much larger, multi-service, integrated personnel and pay management system called DIMHRS. The Defense Integrated Military Human Resources System will be driven primarily by PeopleSoft8, a purely Internet commercial-off-the-shelf software.

Paula Davis, director of the Army DIMHRS Office, said the Army will be the first service to implement the DoD program in the third quarter of 2004.

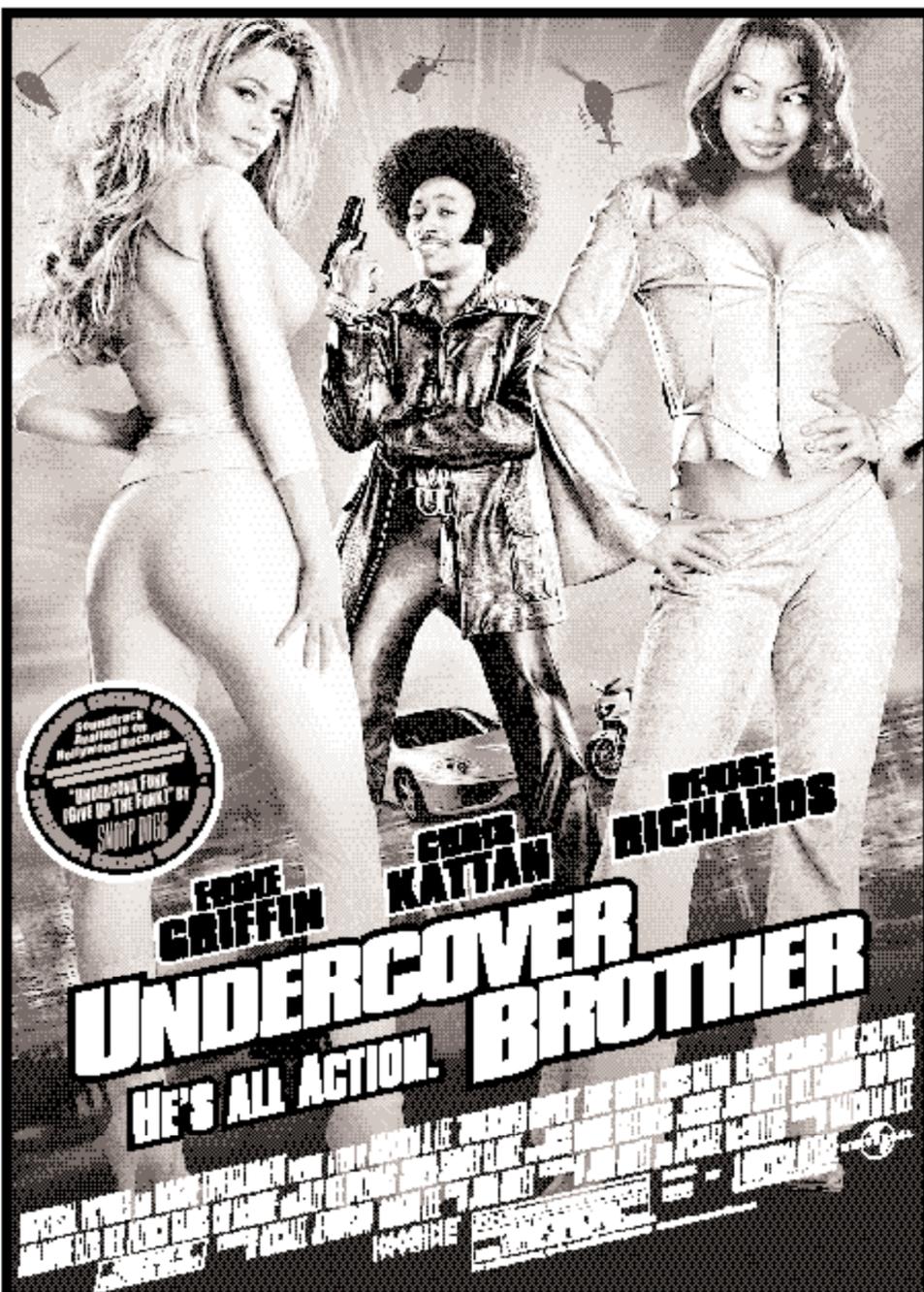
"It will revolutionize how the Army does personnel and pay business," she said. "Soldiers will get online for both personnel and pay services instead of getting in-line at separate offices."

DIMHRS builds upon eMILPO with an integrated personnel and pay system that creates a common database for all military services, Davis said.

Some of the key personnel functions eMILPO will improve are updates to the Department of Defense Form 93, reassignments, promotion transactions, manning reports, DEERS and personnel accountability, according to Doug Ruggiero, U.S. Army Personnel Command.

"It will put the 'p' back in personnel because the eMILPO learning curve is expected to be only 30 minutes," Ruggiero said. "It's going to really improve the personnel business for everyone."

(Editor's note: Information provided by Lt. Col. Stan Heath, U.S. Army Personnel Command public affairs officer.)



IN THEATRES
MAY 31

Sports & Recreation

Use your head, protect it Law requires helmets

Sheila Little
APG News

The combination of great weather and the end of the school year add to the amount of bicycle, scooter and skating traffic throughout the Aberdeen Proving Ground community. While residents and installation commuters are reminded to be especially watchful as youngsters take to the streets and by-ways, all ages are reminded that protective headgear is a must for those on bicycles, skateboards, scooters, inline and regular skates, and those on any other type of foot-propelled or motorized recreational equipment.

Susie Ashby, Installation Safety Office, said both Maryland State Law and Army Regulation 385-55 require helmets, whether child or adult, when riding bicycles.

"Since 1995 it is a Department of Defense requirement for all personnel who ride bicycles on DoD installations to wear helmets," she said, adding that it has since become a state law as well, and applies to all those using foot-propelled or motorized recreational equipment.

Ashby said that in addition to helmets for

bikers, those using other recreational equipment, such as skaters or skate boarders, are "highly encouraged" to add knee, elbow pads and wrist guards.

"The safety of our installation and its residents and workers is my top priority," said Col. Mardi U. Mark, garrison and deputy installation commander. She said adults can help ensure the safety of children by setting the example and wearing helmets and other safety gear when they bike or skate.

The Consumer Product Safety Commission estimates that more than 60 percent of associated recreational injuries can be prevented or reduced by wearing protective gear. An appropriately fitted, quality helmet that meets American National Standards Institute or Snell Memorial Foundation standards is estimated to reduce head injury by 85 percent.

"Your helmet should feel good and fit well, snug enough not to slide around on your head or pull off with the strap hooked," Ashby said.

"Safety starts at home," Mark said. "Parents can help keep their children safe by wearing appropriate safety equipment and making sure their kids wear it too."



Tips for preventing sports injuries while playing softball

ommended due to the risk of fingers getting caught in the piece of clothing.

Training/technique

Pre-participation education from trained coaching staff or from Morale, Welfare and Recreation Athletic Department staff is important. Many softball injuries can be prevented through proper coaching techniques: improving the pitching and throwing techniques, instruction in proper sliding and fielding techniques, instruction in avoiding pitched balls while batting, and the proper use of safety equipment.

NOTE: Many MWR facilities provide safety/injury prevention information to coaches, players, and officials regarding preparation, conditioning, and training in proper playing techniques.

The more contact the player incurs with other players, (such as sliding, collisions with other players, etc.), the higher the risk of injury.

Environment

Be aware of the environment. Check the playing field for any predisposing risk factors such as divots, holes, soft drink tops, glass, etc. Fences should be a reasonable distance from fair territory, in good repair, and contain no exposed edges.

- Alcohol consumption should be discouraged during participation in any sporting activity.

- Liquid and nutrition replenishment is recommended to decrease exposure-related illness.

- The size of the field should be proportional to the size of the players.

- A screened-in dugout or similar enclosure will assist in prevention of injury to offensive players and the non-playing members of the defensive team.

(Editors's Note: Diana Settles is the manager of Injury Prevention Physical Fitness Programs at the Navy Environmental Health Center, Norfolk, Va. REFERENCE used for article is Caine, J., Caine, C., and Lindner, K. *Epidemiology of Sports Injuries*, Human Kinetics Publishers, Inc., 1996.)



Diana Settles, MAT, ATC
Navy Environmental Health Center

Personal characteristics

Common injuries in softball include leg, foot, back, and shoulder injuries.

Prior injury to an extremity increases the risk of re-injury.

The position played during softball influences the risk of injury. Pitchers suffer more shoulder injuries. Catchers may have a greater number of back and knee injuries due to the amount of time spent in the crouched position. Injuries to the hand are closely associated with the act of catching and is frequently associated with an inability to accurately judge the flight of the ball and to catch the ball within the gloved hand.

Personal fitness

- Participate in a total body warm-up and stretch routine at least 5 to 10 minutes prior to participation in softball activities.

Equipment

- Rubber molded cleats and batting helmets are equipment items that are mandated during military softball participation.

- Breakaway bases, a.k.a. progressive-release bases rather than anchored bases, substantially decreases the risk of softball injury when sliding.

- Jewelry, i.e., rings, necklaces, etc., are not recommended during softball activity participation.

- Clothing that contains pockets is not rec-

CPSC, Fitness Quest Inc. announce recall of "Total Gym" exercise machines

Kim Dulic
CPSC

In cooperation with the U.S. Consumer Product Safety Commission, Fitness Quest Inc., of Canton, Ohio, is voluntarily recalling about 310,000 Total Gym exercise machines. The handles on these exercise machines can detach during use and the cable attached to the handles can break, resulting in injury to the user.

CPSC and Fitness Quest have received about 400 reports of the handles and cables on these exercise machines breaking, resulting in 30 reports of injuries, including lacerations and abrasions.

The recall involves the Total Gym(r) 1000 and the Total Gym(r) Pro model exercisers with serial numbers DK000001 through DK129350, models with the serial number prefixes XO or SM, and models without serial numbers. The serial number is located on the underside of the machine's glide board.

The glide board rolls on an inclined track as the user pulls the hand cords or pushes at the base.

These exercisers were manufactured in Taiwan, Thailand, and China.

Sporting good stores, Web sites, catalogs, and direct sales sold this exercise machine nationwide from June 1997 through October 2001 for between \$180 and \$200.

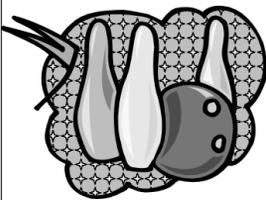
Consumers should stop using these exercisers immediately and contact Fitness Quest to order a free repair kit.

For more information, contact Fitness Quest at 1-800-321-9236 between 9 a.m. and 5 p.m. ET Monday through Friday, or visit the firm's Web site at www.fitnessquest.com.

Total Gym models sold on television infomercials are not included in this recall.

To see a picture of the recalled product, visit <http://www.cpsc.gov/cpscpub/prerel/prhtml02/02160.html>.

Saturday Afternoon Cosmic Bowling League



The APG Bowling Center, building 2342, is starting a two-person mixed handicap (substitutes allowed) league. Enjoy black lights, glow in the dark pins, great music, fun and excitement.

Cost is \$10 per week from June 1 to July 20, and includes shoe rental. Bowling begins at 1 p.m.

Must be 18 years of age. Register by June 1 at the APG Bowling Center by calling 410-278-4041.

For more information, contact Chris Lockhart 410-278-3904 or e-mail her at chris.lockhart@usag.apg.army.mil.

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Nondeposit investment products are not insured by the FDIC, are not deposits or other obligations of, or guaranteed by the USAA Federal Savings Bank, are subject to investment risks and may lose value.

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Community Notes

**FRIDAY
MAY 31
OPEN MIKE POETRY NIGHT, DANCE**

All poets are welcome to the Open Mike Poetry Night, 8 to 11 p.m., at the Holiday Inn, Aberdeen. Dancing will be held from 11 p.m. to 2 a.m. Dress to impress - no jeans, boots, bandanas, sweats or sneakers. Open to ages 21 and over with proper ID.

Tickets are \$6 in advance and \$10 at the door. Music will be provided by DJ Sir Knight. For more information or to purchase tickets, call Sgt. 1st Class Bryan Copeland, 1-877-937-9936.

**WEDNESDAY, THURSDAY
JUNE 5, 6
ARMY LODGING FURNITURE SALE**

APG Army Lodging will hold a furniture sale June 5 and 6, 7 a.m. to 1 p.m. in building 3560, Rodman Road. Items available for sale include tables, lamps, chairs, desks, dressers, chests, beds, nightstands, pictures, drapes, bookshelves, and other furniture items.

All items will be sold as priced and in "as is" condition. There will be no refunds. Payment method is by cash, check or money order only. Pick-up time for items purchased during the sale will be June 7, noon to 4 p.m. at building 3560.

For more information, call Teresa Martin, Army Lodging, 410-278-4655, ext. 7725, or fax 410-278-5515.

**SUNDAY
JUNE 2
CHOIR CELEBRATES ANNIVERSARY**

Come help the St. James A.M.E. Youth/Young Adult Choir, 615 Green Street, Havre de Grace, celebrate its 13th anniversary. The program begins at 4 p.m. and includes community choirs, Christian steppers and rappers. For more information, call 410-939-2267.

**SATURDAY
JUNE 8
MILITARY/FIRE/POLICE CHAMPIONSHIPS**

The Community Recreation Division APG/MWR and the World Natural Power Lifting Federation present the 2002 Military/Fire/Police Championships, 10 a.m. at the Aberdeen Athletic Center, building 3300. A \$30 sanctioned registration fee is required when registering.

For more information or to register, call Stacie Edie, 410-278-3931, or e-mail her at stacie.edie@usag.apg.army.mil by May 17.

LATINO FAMILY NIGHT

VFW Post 10028, located on 821 Old Philadelphia Road, Aberdeen, invites you to attend Latino Family Night, 8 p.m. to 1 a.m. Latino Family Night is a free family event (all ages welcome) that has a fiesta atmosphere filled with Spanish/Latino dancing all evening. Donations are not required but will be accepted at the door. Bring your favorite dish and CDs for the DJ. For more information, call 410-272-1218.

AT&T WIRELESS PRESENTS "SALUTE TO THE MILITARY" AT AQUARIUM

"Uncle Sam" wants you - to visit the National Aquarium in Baltimore.

Military personnel and their families will receive a \$3 discount on admission and other benefits at the Aquarium as part of the first AT&T Wireless "Salute to the Military" on June 8. Throughout the family-oriented celebration, military personnel and their families will discover the Aquarium's 10,000 aquatic animals, learn about its three new dolphin calves, and enjoy free entertainment on the Aquarium pier. Some lucky military visitors will even have the chance to serve as "volunteer veterinarians" during Aquarium dolphin shows.

As part of the "Salute to the Military," the Baltimore Maritime Museum will offer military personnel half-price admission to its national historic landmarks adjacent to the Aquarium's Pier 3. To receive the special discounts, military personnel must present military I.D. at the time of their visit.

Aquarium hours for the "Salute to the Military" are 9 a.m. to 6 p.m. Throughout the summer months, the best time to visit is early morning. For more information, call 410-576-3800 or visit the Aquarium's Web site, www.aqua.org.

**MONDAY
JUNE 10
PIE FOR EXCEPTIONAL FAMILY MEMBERS**

Army Community Service will sponsor the Parent Information Exchange for exceptional family members from 6 to 7:30 p.m. at the ACS building 2754. This is an opportunity to share your ideas, suggestions and creativity. Call in advance if child care is needed. For more information, call Reeshemah Bugg, EFMP manager at 410-278-2420.

**MONDAY THROUGH SATURDAY
JUNE 10 to 15
VACATION BIBLE SCHOOL**

The Christian Religious Education Department at St. James A.M.E. Church, 615 Green Street, Havre de Grace, is hosting the annual Vacation Bible School program, 6:15 until 8:30 p.m. The program will include bible classes, music and crafts for ages 5 and older (adult). Refreshments will be served nightly. To register, call 410-939-2267.

RUMMAGE SALE

The Salem United Methodist Church will hold its annual rummage sale, 8 a.m. to 1 p.m. Furniture, clothes, collectibles, baby items, household items, sports equipment and more has been collected. Face painting for the kids, hot dogs, drinks and homemade baked goods will be available. Salem United Methodist Church is located at 7901 Bradshaw Road, between Route 1 and Route 7 in the Kingsville area. For more information, call Karen Holthaus at 410-638-8777.

**FRIDAY
JUNE 14
APG CELEBRATES 227TH ARMY BIRTHDAY**

Make reservations now for the annual Army Birthday celebration at Top of the Bay, 6 p.m. to 1 a.m. Entertainment will

be provided by the 389th Army Band (AMC's Own) and a DJ. The main menu will cost \$25 per person; a vegetarian dinner will also be provided for \$24 per person. To purchase tickets, contact your unit first sergeant. Deadline to respond is June 7.

IT CONFERENCE AT HEAT CENTER

A statewide conference for information technology professionals, "Gateway to the Future," will be held June 14, 7:45 a.m. to 1:30 p.m., at the HEAT Center in Aberdeen. Sponsored by Harford Community College, Maryland Association of Community Colleges, and Maryland Department of Business and Economic Development, the conference will provide an inside look at what the future holds, how the industry has responded to new threats and opportunities, and how converging technologies will shape the future.

The conference will also provide an update on critical issues in the information technology field and identify the needs of and resources available to IT professionals.

IBM Industry Solutions Lab's John Heidenreich will present the keynote address, "A Global Technology Outlook." Other presentations and panels will cover "The Risks and Rewards of a Wireless Future," "Emerging IT Issues," and "Disaster Recovery: The New Perspective." The \$15 registration fee includes a continental breakfast and a lunch buffet. For more information, call 410-638-2576 or e-mail pmarcomi@harford.edu.

**SATURDAY
JUNE 15
AN EVENING OF WINE AND JAZZ**

The Susquehanna Museum of Havre de Grace at the Lockhouse will sponsor the 10th annual Evening of Wine and Jazz at the Havre de Grace Community Center, 7 to 11 p.m. The evening will feature entertainment by the Gentlemen of Jazz. There will be line and silent auctions (some antiques), light refreshments, beverages, desserts, a \$500 Savings Bond raffle from Harford Bank and door prizes.

Tickets cost \$25 in advance, \$30 at the door. Funds will benefit the Lockhouse. For more information or to purchase tickets, call 410-939-5780 or 410-272-0819.

**FRIDAY THROUGH SUNDAY
JUNE 21 to 23
CWF WEEKEND GETAWAY TO CAPE MAY**

The Civilian Welfare Fund is sponsoring a weekend getaway to Cape May, N.J. Lodging at the Grand Hotel provides ocean view rooms, an inside pool and jacuzzi, and easy access to the boardwalk, beach restaurants and shopping.

The prices are \$315 for a single; \$176 per person for double occupancy; and \$138 per person for triple occupancy. These prices include transportation and hotel accommodations. For reservations or more information, call Angela Keithley or Jacqueline McKeever at 410-278-4603/4771.

**SATURDAY
JUNE 22
BASKET BINGO**

Basket Bingo to benefit VFW Post 8185 will be held at the Port Deposit VFW Post 8185, Route 222, 7 p.m.; doors open at 6 p.m. Food, drinks, and baked goods will be available. Cost is \$10; additional sets cost \$5. For tickets, call Anne Gibson, 410-378-3338, or Brenda Conjour, 410-273-7332.

**FRIDAY
JULY 12
BASKET BINGO**

Basket Bingo to benefit the Ladies Auxiliary to the Volunteer Fire Company #1 of Chesapeake City will be held at the Chesapeake City Fire Hall (2nd floor) 215 Lock Street, Chesapeake City at 6 p.m.; bingo starts at 7 p.m. Food, drinks and baked goods will be available. Cost is \$10; additional sets cost \$5. For tickets, call Lori, 410-287-0827, or Carol, 410-885-5060.

EA, AA YARD SALES

EA, AA COMMUNITIES TO HOLD YARD SALES

The Aberdeen Area of APG will hold a Community Yard Sale from 8 a.m. to 4 p.m. on Saturday, June 8, and Sunday, June 9. Rain date will be Saturday, June 15 and Sunday, June 16. Participating housing areas include Patriot Village, Mobile Home Park, New Chesapeake, Bayside Village, School Street, Plumb Point Loop and Hopkins Loop.

The Edgewood Area of APG will hold a Community Yard Sale from 8 a.m. to 4 p.m. on Saturday, June 22 and Sunday, June 23. Rain date will be Saturday, June 29 and Sunday, June 30. Participating housing areas include Everette Road, Deer Run, Grant Court, Skippers Point, Clearview Drive, Chevron Drive and Austin Road.

All family housing residents are invited to participate. The Community Life Mayoral Program is sponsoring the yard sales.

The following yard sale guidelines apply:

- All family housing residents are eligible to participate. Set up your items in front of your house.
- Signs announcing the sale may be erected in the immediate vicinity only on day of the sale.
- Signs will not be affixed to traffic signs, utility poles, trees, lamp poles, or fences. Signs should be placed on a wooden stake and placed in the ground.
- Signs will be removed at the end of the sale, and residents are responsible for policing their area.

(Note: At the end of the sale, Aberdeen Area residents may donate any remaining items to the AA Thrift Shop by placing them in the drop box just outside building 2458.)

For more information on the Community Yard Sale, call 410-306-2011.

MOVIES

ADMISSION: ADULTS \$3, CHILDREN \$1.50
Building 3245 Aberdeen Boulevard

CHANGING LANES

Friday, May 31, 7 p.m.
Starring: Ben Affleck, Samuel L. Jackson



One day in New York, Gavin, a young lawyer, and Doyle, a businessman, share a small automobile accident on F.D.R. Drive. Their mutual road rage triggers a chain of events that escalates into a feud. (Rated R)

THE SCORPION KING (FREE ADMISSION)

Saturday, June 1, 7 p.m.
Starring: The Rock, Kelly Hu



In the notorious city of Gomorrah, an evil ruler is determined to lay waste to all the nomadic people of the desert. The few remaining tribes, never natural allies, have to unite or perish. Knowing their enemy relies on the visions of a sorcerer, they hire a skilled assassin, Mathayus, to eliminate the visionary. (Rated PG-13)

THE SWEETEST THING

Saturday, June 1, 9 p.m.
Starring: Cameron Diaz, Christina Applegate



When it comes to dating, Christina Walters has a golden rule: avoid searching for Mr. Right and focus on Mr. Right, now. Her rule is working until one night at a club she unexpectedly meets Peter, only to see him suddenly disappear the next day. She and her best friend Courtney decide to break the rules and go on a road trip to find him, encountering wild and hilarious misadventures along the way. (Rated R)

LIBRARY BOOK CORNER

New Audiocassettes at the APG Garrison Library include:



The Blind Assassin by Margaret Atwood



Darwin's Radio by Greg Baer



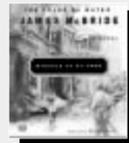
East of the Mountains by David Guterson



On Mystic Lake by Kristin Hannah



The Fourth Hand by John Irving



Miracle at St. Anna by James McBride



2nd Chance by James Patterson



Drowning Ruth by Christina Schwarz



Back When We Were Grownups by Anne Tyler



The Perfect Storm by Sebastian Junger

You can receive a complete listing of the library's new materials via e-mail and also reserve items electronically. Contact the library at 410-278-4991 for details.

Operating hours of the Aberdeen Area Library, building 3320, are Saturday and Sunday, 1 to 5 p.m., Monday, Wednesday and Thursday, 11:30 a.m. to 6:30 p.m.

The Edgewood Area library is open on Tuesday, 11:30 a.m. to 6:30 p.m. For information, call 410-436-3589.

LIBRARY STORYTIME

Storytime for preschool children is presented every other week throughout the summer, in the Edgewood Area on Tuesday and the Aberdeen Area on Wednesday. Parents and caregivers are invited to bring their children in to hear stories, songs, and fingerplays appropriate for 2 to 5 year olds.

Storytime starts at 9:45 a.m. and lasts 20 to 30 minutes. No advance registration is required at this time.

The EA library is located in building E-4405 and the AA library is in building 3320. For more information, call Bill Todd at 278-3417.

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Pentagon spouses recognized for untraditional support

Staff Sgt. Marcia Triggs

Army News Service

A group of Army spouses were recently recognized for providing support that wasn't being offered by anyone else to the family members of Sept. 11 victims.

Nancy Doane and Sara Williams, both military spouses, were mere acquaintances before the terrorist attack on America. However, May 14 they were awarded the Commander's Award for Public Service at the Pentagon for organizing a team that provided personal assistance to 24 families that lost loved ones from the Office of the Deputy Chief of Staff, G1.

On Sept. 11 the DCSPER, now G1, suffered about 20-percent casualties in dead and wounded. The unofficial G1 family support group was made up of nine other spouses who received the Certification of Appreciation for Patriotic Civilian Service. The women attended countless memorials and funerals, and each personally assisted four to six families in numerous ways to help ease their suffering, with services that included cooking, cleaning and baby-sitting.

"No one asked them to do it, they just did it," said Kathy Dillaber, a program analyst who lost her baby sister on Sept. 11. "I was so busy trying to keep the family together and get back to a normal life, that I didn't realize that I needed help."

Dillaber said she didn't know what to expect

when Gayle Cutler, one of the volunteers, showed up with chocolate-covered strawberries and bath items. But after forming a lasting friendship, Dillaber said a void was filled that she didn't even know needed filling.

"This ceremony is the Army's official thank-you for the quiet heroes that stepped up after Sept. 11, and showed that the Army takes care of its own," said Lt. Gen. John Le Moyné, the G1 chief. Le Moyné assumed the duties of Lt. Gen. Timothy J. Maude, a member of the G1 family who lost his life in the terrorist attack on the Pentagon.

Four days after the attack, the G1 family support team was mobilized with only three members and a goal of providing support to families that no official organization would be providing.

"We didn't have a game plan," said Doane, who spearheaded the group after getting an overwhelming feeling to help. "We didn't want to limit ourselves to what we would do, until we found out what the families' needs were."

With limited experience on heading support groups, the three knew what they weren't going to do — ask if anyone needed help. Without stepping on anyone's toes, Doane, Williams and Paul Corley, a spouse and financial planner, agreed that help would just be given.

"From helping families who had been hit by Hurricane Hugo, I knew that when some people are faced with a disaster, they don't even know they need help," Williams said. "So instead of

asking, we told the families what we wanted to do for them, and there were only a couple who said no. So that reaffirmed that we were doing the right thing."

The three initial members put flyers up seeking help from volunteers. The flyers had to be placed in elevator shafts at the Hoffman building, where G1 relocated after the attack. Flyers weren't allowed on the walls, Doane said. When volunteers rolled in, and the group gained momentum, the G1 family provided untraditional support to the family members of their fallen comrades.

Maj. Angela Cotton, from the U.S. Total Army Personnel Command, got a local organization to host a birthday party for a 6-year-old boy who had just lost his father. Lt. Col. Dave Doane, from G1, organized a group of runners who ran in an unofficial Army 10 miler, and raised \$8,000 for the G1 family support group.

In a six-month time period more than \$34,000 and 500 volunteer hours were given to families in need.

"Everything we did was out of love," Williams said. "Before we did anything, we agonized over if it was the right thing to do. Everything from delivering honey-baked hams on Thanksgiving to sending Veteran's Day cards had us walking on eggshells.

"We didn't want people to think we were doing things for them because we didn't think they could do it for themselves, and we didn't want to do anything that could've been per-

ceived as inconsiderate."

From September to March, there were no easy days, Doane said.

"We didn't always know what the right thing was. Once while talking to one of the wives, she started crying and then I started crying too," Doane said. "Now how much support am I giving her if I'm crying. I just knew that I couldn't let that happen again."

The assistance the volunteer group provided could've been for anyone's family in the G1 staff, Le Moyné said. Fate should never be questioned, Le Moyné said, fate just has to be overcome.

The Commander's Award for Public Service, given to the co-leaders of the G1 support team, was given to recognize service or achievements that contribute significantly to the accomplishment of the mission of an Army activity, command or staff agency. The latter award recognizes patriotic civilian service.

Those awarded the Certificate of Appreciation for Patriotic Civilian Service include:

Linda Barrett
Paul Corley
Arleen Cleary
Gayle Cutler
Denise Masi
Kelley Mustion
Lisa Stebbins
Wanda Thornton
Leslie Wallace

New Army program helps soldiers gain certification for civilian jobs

Army News Service

The United States Army has added a new component to its GI to Jobs Program that will assist soldiers in understanding and obtaining certification for civilian jobs when they leave the service.

"Some 67 percent of Army enlisted soldiers serve in military specialties related to civilian occupational areas that are subject to certification and licensure," said Major General Kathryn Frost, The Adjutant General of the Army.

Those soldiers now have a Web site, called Army Credentialing Opportunities On-line (Army COOL), where they can learn what civilian certifications relate to their Military Occupational Specialty career field and how to obtain them.

"This new Web site explains differences between military and civilian training and certification requirements, and it does so in easy-to-understand language," Sergeant Major of the Army Jack Tilley said. "The program and the Web site tell soldiers exactly what they need to do to begin and complete the certification process in their MOS."

Under this initiative, soldiers will know what is necessary to complete certification or licensure requirements for jobs related to approximately 100 military occupational specialty. All MOS-applicable credentialing examinations are clearly identified and articulated, by MOS, to ensure success.

Some occupations have certain professional and technical standards. The process of meeting these standards and earning official recognition (in the form of credentials (licenses or certificates) is called credentialing. Private and government organizations set credentialing standards to ensure that individuals meet the standards for their profession. There are two primary types of credentialing, licensure and certification; licenses are granted by government agencies (federal, state and local) and certification is granted by non-government agencies (professional, industry, proprietary, and apprenticeship).

"This is good news for soldiers, but great news for the Nation as well," said Frost. "The Army offers the best training in the world, and when you add extraordinary experience, additional study and leader development, the country will benefit from GI to Jobs with exception-

ally qualified veterans for the 21st century workforce.

"In addition to giving soldiers an opportunity for professional growth and a head start on transition to civilian life after Army," said Frost, "the GI to Jobs initiative also benefits retention and recruiting. Potential recruits want assurance that they will receive the same opportunities in the military that their peers have in civilian careers. The GI to Jobs program, when combined with military training, offers them that advantage and more." She added, however, that the extensive requirements for some licenses and certification might require soldiers to serve more than one term in order to get the credentials they seek.

The GI to Jobs initiative will be integrated, to the extent possible, with the Army's Partnership for Youth Success (PaYS) programs <http://www.armypays.com>. The PaYS is a recruiting initiative that was initially developed by the U. S. Army Recruiting Command to appeal to young people who are interested in having a quality civilian job after serving in the Army. It has also been coordinated closely with Army training proponents and transition services.

This unique program will be part of the Army's effort to partner with industry. To show and sell the PaYS skill options available to applicants, the recruiter will have access to information that crosswalks MOSs to industry skills and also depicts long-term job forecasts from participating companies. Army agreements with some companies may provide the soldier with credit for service in the Army or advanced placement based on skill certification. The certification gap analysis and DANTES (Defense Activity for Non-Traditional Education Support) certification examination program will help assist in the PaYS effort for skills certification with industry.

GI to Jobs and its Web site proponent, Army COOL, is the latest in a series of dynamic changes to the Army's recruiting and marketing efforts to enhance and communicate the wide range of opportunities and skills the Army offers potential recruits. The Army also is continuing its efforts to better train and deploy its recruiting force.

The Army COOL Web site address is <http://www.ArmyEducation.Army.Mil/COOL>.

Warrior Knowledge Network coming to Army Knowledge Online

Patrick A. Swan

Army News Service

Army Knowledge Online is rolling out its new tactical Warrior Knowledge Network, or WKN, this spring to assist soldiers in "phoning a friend" when they need advice in a pinch.

The network will use a Web-based platform, though, not a telephone call, to provide tailored, timely and relevant knowledge and information. It will offer access to such knowledge by identifying or creating communities of practice, which are linked through a virtual Warrior Development Center Online, the tactical knowledge center of Army Knowledge Online, or AKO.

The WKN relies heavily on a concept called "communities of practice." These are voluntary associations of people bound together by a shared passion for a particular practice. Soldiers would recognize them from noncommissioned officers and officers' calls and lunchtime discussions on work-related issues.

Although communities of practice

have always existed — in antiquity artisans formed "corporations" and in the Middle Ages tradesmen formed guilds — the Internet has enabled them to become exponentially more powerful, according to G6 officials.

WKN supports a call by the Army Training and Leader Development Panel for the Army to become a "learning organization," G-6 officials said. They said WKN does this by applying state-of-the-art concepts in knowledge management emerging from the commercial sector.

"WKN provides the tools that help leaders and soldiers 'understand first' by providing them with needed knowledge from peers, subject-matter experts, mentors, virtual staffs, and other knowledge resources," said Dr. Rick Morris, deputy director of the Center for Army Lessons Learned. "Because WKN is both tailorable and scalable, it supports soldiers anywhere (in the field, in garrison or on a deployment)."

The WKN leverages new and emerging methods of knowledge creation and transfer, Morris said. He

said this helps leaders as they make their units ready, confront complex battle space, and engage in life-long learning.

"The WKN's network-centric approach has human and technical dimensions," Morris said, "linking peers to peers, mentors to mentored, subject matter experts to those needing expertise, leaders to online facilitators and coaches, and members of virtual communities, teams and staffs."

A garrison application of the WKN is the Installation Crisis Support System, stood up as a force-protection measure at the direction of the commander, U.S. Army Training and Doctrine Command by the Center for Army Lessons Learned with the support of the Fort Leavenworth, Kan., Directorate of Information Management.

"Let's say there is a catastrophic disaster on your base, such as the Pentagon suffered in the Sept. 11 terrorist attack," said Jim Ritter, chief of Plans and Operations, Knowledge Management Directorate, Center for

Army Lessons Learned. "You could call up the lessons-learned section from the Pentagon crisis response and apply those lessons to your post."

The Installation Crisis Support System contains a content center and a library, which pulls everything the domain thinks is important, including regulations, publications, laws, and lessons learned, Morris said. These are made easily accessible through browsing tables and a knowledge base.

"That base is structured so that when you ask one specific question, you get one, accurate, specific answer that is dead-on right," Ritter said.

A third component is a collaboration center whereby soldiers can query subject matter experts from the field.

"The WKN provides the human and digital information networks to make available what we call 'knowledge fires,'" Ritter said. "It enables you to get just the right expertise to those who are combating terrorism, engaged in force protection or man-

aging the consequences of something that's gone wrong on the post."

Ritter said the Installation Crisis Support System is vital because, "no one can be everywhere seeing everything. We must advance the Army's ability to share what it already knows and to create new knowledge that is evaluated, interpreted, understood and woven into the way we do things."

The Installation Crisis Support System, Morris explains, is not only an application of the WKN — "it is a pilot and test bed for WKN processes and tools as applicable to military operations abroad as to those in defense of the homeland. It is a place where we can test drive approaches that advance the Army as learning organization."

"This is a learning revolution from which the Army is positioning itself to achieve intellectual overmatch against anybody, anywhere," Ritter said.

(Editor's note: Patrick Swan is a public affairs liaison officer with the Army Chief Information Officer/G-6.)

LEAVE DONATION

Employees eligible for donations in the Voluntary Leave Transfer Program are:

Fay Walker Banker (hip replacement)
Marian Bellis (fracture of left tibia)
Janet H. Brezinski (surgery)
Bonnie Bromley (liver transplant)
Daniel Brown (father has emphysema)
Tammy Budkey
Jane E. Calahan (surgery)
Nancy Coleman-Jones (surgery)
Tracy H Coliano-Hirsch (maternity)
Geraldine S. Cragg
Dawn M. Crouse (surgery)
Rene de Pontbriand

Tricia Lin Dietz
Fred Dill
Joseph R. Dugan
Messina Enderlein
Wayne Erb (wife is ill)
Denise M. Fox (maternity leave)
Joyce C Green
Gerald P. Gulden
Michael L. Hitchcock (surgery)
Fern L. Hitchcock (surgery)
Melanie A. Hoffman (parasitosis, fibromyalgia condition)
Nina M. Holley
Beverly A Higgins (surgery)
Stephen Howard (bone marrow transplant)

Wayne A. Jaynes
Evelyn K. Johnson (surgery)
Marlin Julian (heart surgery)
Mary B. Kane (surgery on leg)
Jennifer Keetley (maternity)
Beverly King (caring for husband)
William Klein
Nicole L. Klein (broken ankle)
Carrie L. Lambert
Yvonne Lissimore (knee surgery)
Angela R. Little (neck and shoulder injury)
Edna L. Lobodzinski (eye

surgery)
Geraldine Martin (surgery)
William B. McLean (kidney failure)
Rebecca G. Mercer-Leto (heart attack)
Stacy Miller (maternity)
Sandra W. Miller (back surgery)
John E. Mogan (surgery)
Cecil Pennington (surgery)
Debi L. Petosky (back surgery)
Karen S Pense
Mary E. Pettitway
Barbara Carol Remines (surgery)
Angela L. Reeves (maternity leave)

Michael Reynolds
Boyd J. Richards (care of mother)
Denise Robinson (maternity)
Ricky Ross (heart attack)
Tami C. Rowland (maternity)
Allan Scarborough (back surgery)
Jennifer W. Sekowski
Sherry Schaffer
Lena Shelton
Motoko Stahl
Debra S. Stark (surgery)
Rachel Swearingen
Hilary P. Talbot
Alison Tichenor (surgery)
Sandra M. Wachter (surgery)

Rosalind Walters-Kenion (maternity)
Cecelia Walton (respiratory problems)
Beverly A. Werner (surgery)
Michael R. Willard
Charles Young (kidney and pancreas transplant)
Andrew M. Vaught (brain tumor removed)
Wanda L. Waldon (surgery)
*Colleen Waller
Josephine O. Wojciechowski (care for elderly parents)

For information about donating annual leave, call Dave Mial at 410-278-1524 or fax 410-278-7877. (*An asterisk indicates employees working at the APG office of the U.S. Army Research Laboratory. Call Susan Goldberg, 301-394-1080, regarding ARL employees.)

Marching



The 3rd Infantry Division (Old Guard) executes a turn to present the colors at the start of the AFD parade.



Chief Warrant Officer Jerry Standridge leads the 389th Army Band (AMC's Own).

Photo by CHRISTINE STEWART

Music



The U.S. Army Ordnance Center and Schools' color guard leads the marching units of Company B, 16th Ordnance and Company C, 143rd Ordnance battalions.

Photo by CHRISTINE STEWART

The Aberdeen High School Choir joins the band at Festival Park for the afternoon concert.



Photos by YVONNE JOHNSON

Vehicles



Col. Mary K. Brown, commander, U.S. Army Aberdeen Test Center, rides in on one of several ATC tanks entered in the parade.



Sgt. James C. Fisher, U.S. Marine Corps Detachment Instructor of the Year, salutes VIP's in the reviewing stand.

Crowd



A bulldozer from the Directorate of Installation Operations Conservation Department was one of several post vehicles in the parade.

Celebrate

From front page

student said it was his first time running that far.

"I just came out because I wanted to see how I would do," Miller said. "I'm glad I did."

Patriotic parade

The runners joined the waiting crowd that lined W. Bel Air Avenue for what some said was the largest Armed Forces Day parade they could recall.

The show's special guests were veterans from the Veterans Administration Medical Center at Perry Point who were escorted by members of the NCOA's Basic Noncommissioned Officer Course, Class 23-02, led by Staff Sgt. Anthony Mann.

Bob Silcox, APG Garrison's former plans and operations chief and Capt. Jim from radio station WAMD, narrated the procession, which featured many first-time entrants.

The color guard from the 3rd Infantry Division (Old Guard), Fort Myer, Va., led the procession. Other first-timers included the Kenwood High School Air Force Junior Reserve Officer Training Corps marching unit; vintage cars from the Nice Dreams Auto Club; the Jammin' Country Dancers float; the Boumi Temple Shrine Antique Car Club; the Gray Hounds Wish Foundation; Harford County Public Library; the Aberdeen Hot Spot Initiative; the Fallston Volunteer Fire Department and a float by the Susquehanna Hose Company that featured a tribute to Sept. 11.

Military vehicles from the proving ground transported the parades honorees who included Maj. Gen. John C. Doesburg, commander of APG and the U.S. Army Soldier and Biological Chemical Command, Maj. Gen. Mitchell Stevenson, chief of Ordnance and commander of the U.S. Army Ordnance Center and Schools; Col. Mary Brown, commander U.S. Army Aberdeen Test Center; Aberdeen Mayor Doug Wilson and the APG service members of the year.

Col. Mardi Mark and Command Sgt. Maj. Ronald Stallings, APG Garrison, rode in on a fire and rescue boat from the APG

Fire Department.

Other entrants included the Aberdeen City Council float; the Aberdeen City Fire Department; the OC&S Color Guard; the 16th Ordnance and 143rd Ordnance Battalion marching units; Roger Rangers; the APG Fire and Police departments; vehicles from the Program Manager NBC Defense and ATC; Girl Scout Community 76; the Army and Air Force Exchange Service; the Directorate of Public Works Conservation Branch, Edgewood Area; the Aberdeen High School Marching Band; the Aberdeen Middle School Drill Team; the Morale Welfare and Recreation sports float featuring the Intramural Basketball post championship team; the U.S. Marine Corps Detachment marching unit; American Legion Post 128; Aberdeen Hot Spots; Harford County Boys and Girls Clubs; vehicles from the Maryland Army National Guard; the Susquehanna Shriners Club; and Royce-Williams and St. Joan of Arc elementary schools.

The parade's highlight was a drill exhibition by the Maryland Army National Guard's Freestate Challenge Academy Drill Team, led by Cadet Antonio Dickens.

Revelers waved flags and cheered throughout the show, and most seemed to have a good time.

"We just love small-town parades," said Brig. Gen. William Bester, commander of the U.S. Army Center for Health Promotion and Preventive Medicine, as he departed the viewing stand. "It's great to see our soldiers recognized by the community."

Lt. Col. Fred Merchant, U.S. Army Evaluation Center, said he and his wife, Denise and son Matthew, 5, were enjoying their second Armed Forces Day in Aberdeen, adding that the day was "fun for the whole family."

"It's always great to get together with APG for this," said Aberdeen Mayor Doug Wilson, noting how the organizers were able to accommodate concertgoers in the park instead of the usual site at Aberdeen High School, which is undergoing renovation.

"A lot of people worked hard to bring this off," Wilson added. "I think everyone appreciates what they've done."

Staff Sgt. Jeffrey Butz, plans and operations, said that despite a few no-shows it was still a tremendous event for participants

and on-lookers.

"Overall, it went well," Butz said. "It was a great turnout. Generally, everyone had a smile on their face."

A message and music

There was a festive air in the park as the 389th Army Band (AMC's Own) and the Aberdeen High School Choir closed out the day with a 4 p.m. concert.

Red, white and blue banners hung from the pavilion, children played on the playground and grownups made themselves comfortable on blankets and lawn chairs. While waiting for the show to start, listeners dined on hot dogs, pit turkey and beef sandwiches and sodas provided by the Aberdeen Fire Department and members of the Leo Club and reviewed information from Maryland Army National Guardsmen, Staff Sgt. Charles Higgins and Spc. Tonya DeBoard at the MDARNG recruiting stand set up nearby.

Doesburg addressed the crowd before the show, reminding them of the sacrifices made by service members around the world since Sept. 11.

"Terrorism is here to stay and will be a part of the landscape of the world as we know it for years to come," Doesburg said.

He added that transitioning from peace to war can take its toll on a nation but "we have shown the world how a nation reacts to terror."

He thanked all for recognizing the military on Armed Forces Day and for honoring soldiers around the world.

"God bless you and God bless America," Doesburg said.

After a short presentation to area school children by Mayor Wilson, the show commenced.

With narrations from his wife, Diane, Chief Warrant Officer Jerry Standridge directed the band and the choir through several patriotic selections that included "The National Anthem," "God of our Fathers," and an a cappella rendition of "God Bless America" by the choir.

Guitarist Staff Sgt. Robert Deitz drew a lengthy ovation with his rendition of "God Bless the U.S.A."

"It was a lovely program," said onlooker Beth Ann Cameron, CHPPM, at the day's end. "I think everyone was proud to be an American today."

APG women help hammer out a legacy

Sheila Little
APG News

Former Maryland First Lady Frances Glendening has done it, actress Bo Derek has done it, even Survivor Tina Wesson has done it. Now several Aberdeen Proving Ground employees have done it too.

They've all participated in building a home for Habitat for Humanity's Women Building A Legacy, Harford County's first Women Build project.

Linda Patrick, a technical writer/editor for the U.S. Army Center for Health Promotion and Preventive Medicine, and Debi Horne, editor of the APG News, Directorate of Information Management, are among APG employees who have volunteered their services.

"As a former employee of Army Community Service, I learned that to truly teach, train and treasure volunteers, you need to be one yourself," Patrick said. "Participating in Women Build is an opportunity to work with a group of like-minded people who care about others and share their expertise."

Reflecting on what she has learned through several days of on-site assistance, Patrick added, "My husband, Gregory, is happy because now I can really help out at home, cutting down on his 'honey do' list. This has been a wonderful experience for me."

Horne, who has assisted her boyfriend and business partner in many home building and improvement projects over the years, said working with other women, instead of being the lone female on a construction site, has its rewards when it comes to building.

"It's great to see the enthusiasm when a bunch of women, most out of their comfort zones, work together to improve the lives of others," she said. "You can just feel the confidence level rise as stay-at-home moms, grandmothers, and women employed in tradi-

tional occupations work along side women with construction experience," she said. "You're just proud to be a woman."

After mandatory safety training sessions for all Women Build volunteers in March and April at Harford Glen in Bel Air, construction on the Edgewood home began April 24 and is slated to conclude in early July. The county's first Women Build home construction is being built for a single mother and her young daughter.

Not confined to the U.S., Women Build projects have also taken place in Tanzania, Kenya, Ghana, Uganda, Northern Ireland, New Zealand, the Philippines, Korea and South Africa.

Beverly Talbot, vice president of the Harford Habitat for Humanity, thanked the women of APG for participating in Harford County's first Women Build program.

"Your unselfish contributions of time, talent and donations have helped make the build proceed successfully. We look forward to celebrating with you at the house dedication in July," Talbot said.

Other APG-affiliated women participating in Women Build include Patrick's daughter, Ebony, a senior at Bel Air High School; CHPPM technical writers/editors Velma Buchanan, Cynthia Givens and Audrey Gibson; Patricia Beall of the Directorate of Laboratory Sciences; Kim Fleischmann and Bridgett Lyons of the Directorate of Environmental Health Engineering and Mary Tritle, Directorate of Occupational Health Sciences.

Although volunteer slots are filled for the current project, several other Harford Habitat for Humanity homes are being built throughout the county. For more information on how you can help, call 410-297-9378.

(Editors note: The author of this article is also a Women Build participant.)



Construction began April 24 on Harford County's first Women Build project for Habitat for Humanity. The Edgewood home is scheduled to be complete in July 2002.

Photos by SHEILA LITTLE

Linda Patrick, left, U.S. Army Center for Health Promotion and Preventive Medicine, and Debi Horne, APG Garrison Directorate of Information Management, lend a hand during the framing portion of Women Building a Legacy, an offshoot of Harford County Habitat for Humanity.



About women Build

An off-shoot of Habitat for Humanity International's ecumenical Christian ministry dedicated to eliminating poverty housing, the Women Build follows the highly successful First Ladies Build in which women built homes in or around each of the state capitals with the participation of the first lady or woman governor.

The Women Build program is not about excluding men, it's about including women. A survey of the Habitat International program found that although women make up 50 percent of Habitat's workforce, they accounted for less than 15 percent of the work on the site.

In the United States, more than 12 million children, one in six, lives in poverty. The Women Build program empowers women to build simple, affordable homes, through monetary donations from organizations, businesses, individuals and volunteer labor, keeping the average price to build a home at \$55,000. Those who are selected to receive a home are required to volunteer during construction and in their community, and pay an affordable mortgage.

Nearly 47 percent of homes built through habitat are for women heads of household. Often the new homeowners have to count on the goodwill of neighbors to accomplish even minor repairs. By receiving training as a part of Habitat, these women are better able to maintain their homes and are more confident in their ability to cope with everyday situations.

MWR

Ocean City, Md.

Spend the day at the beach, stroll the boardwalk, and take advantage of shopping at the outlet malls June 2, 7:30 a.m. to 7:30 p.m. A \$30 fee includes deluxe motor coach and escort. Meals are not included. A bus will pick up passengers at Ames Shopping Center, Edgewood at 7:30 a.m. and return at 7:30 p.m. The same bus will pick up passengers at Ollie's, Aberdeen Shopping Center at 8 a.m. and return at 7 p.m.

Purchase tickets by May 29 at the Information, Ticketing and Registration Office in the AA Recreation Center, building 3326, or call 410-278-4011/4907. For more information, contact Earlene Allen at 410-278-3854 or e-mail her at earlene.allen@usag.apg.army.mil.

Scrapbooking Crop

Attention scrapbook enthusiasts. Come join the latest arts and crafts craze of telling your story through photographs and graphical embellishment. MWR is hosting a "crop" for

beginners (\$15) as well as advanced (\$10) scrappers June 1, 9 a.m. to 2 p.m., at the AA Recreation Center, building 3326. A Creative Memories consultant will teach beginners how it's done.

Register at the AA Recreation Center, building 3326 or call 410-278-2621 by May 29. For more information, contact Earlene Allen at 410-278-3854 or e-mail her at earlene.allen@usag.apg.army.mil.

Mystery contests begin June 1 at APG Bowling Center

Visit the APG Bowling Center June 1 through Aug. 31, and each paying customer will receive an entry form for the drawing of a mystery prize.

Also, to participate in the Mystery Trip Contest, get weekly clues to help guess the mystery trip destination by visiting www.armymwr.com.

First drawing will be June 8. For more information, contact Dave Brewer at 410-278-4041 or e-mail him at david.brewer@usag.apg.army.mil