

POST SHORTS

Recycling schedule



The recycling pickup for Wednesday, Oct. 20, is plastic, glass and metal. Put items in blue bags and place them on the curb.

Army seeking warrant officer candidates

The U.S. Army is looking for highly motivated Soldiers, Marines, Sailors, and Airmen to fill its warrant officer ranks. Positions are open in all 45 specialties if applicants are qualified. Applicants with less than 12 years of active federal service are encouraged to apply.

For more information and all forms/documents required, visit www.usarec.army.mil/warrant, or call DSN 536-0328/0466/0271/1860/0458/0484 or commercial 502-626-1860.

Gen. Emmett Paige scholarships available

The Gen. Emmett Paige Scholarship provides funding to veterans, military personnel, and their family members who are majoring in specified fields in college for \$2,000.

This program is open to veterans and persons on active duty in the uniformed military services and to their spouses or family members who are currently enrolled full-time in an accredited four-year degree-granting institution in the United States. Veterans entering college as freshmen may apply. Spouses or family members must be sophomores or juniors.

Applicants must be U.S. citizens, be of good moral character, have demonstrated academic excellence, be motivated to complete a college education, and be working toward a degree in engineering (aerospace, chemical, computer, or electrical), mathematics, physics, or computer science with a GPA of 3.4 or higher.

For more information, see <http://www.military.com/Education/ScholarShip/Profile/1,14220,0546,00.html>.

APG holds technology expo

The Corporate Information Office, RDE-COM and The U.S. Army Garrison Directorate of Information Management will host the Annual Fall Information Technology Products and Services Expo, 9:30 a.m. to 1:30 p.m., Oct. 27, at the Gunpowder Club Conference Center, building E-4650.

See SHORTS, page 4

ISSUE HIGHLIGHTS

Page 2

Family Corner

Page 3

Let's Just Play Day

Page 5

Health

Page 6

Community Notes

Page 10

MWR

Sergeant Major of the Army visits APG

Story and photo by
Yvonne Johnson
APG News

During a visit to Aberdeen Proving Ground Oct. 6, Sergeant Major of the Army, Kenneth O. Preston clarified the Army Campaign Plan and transformation process to Soldiers of the U.S. Army Ordnance Mechanical Maintenance School, local recruits from the Army Delayed Entry Program and cadets from the Maryland Army National Guard Freestate Challenge Academy.

Command Sgt. Maj. Anthony T. Aubain, U.S. Army Ordnance Center and Schools, escorted Preston as he visited with students from the Noncommissioned Officer Academy's Basic Noncommissioned Officer Course and lunched with the top drill sergeants and instructors in OMMS.

Garrison Command Sgt. Maj. Elvis Irby then led Preston on a tour of the Department of Defense Joint Personal Effects Detachment.

During the noon meal in the dining facility in building 4503, Preston and 11 NCOs ate at a round table, "specially constructed for events of this nature," Aubain said.

Preston greeted each NCO, inquiring as to their backgrounds then shared the Army vision of what their future careers will be like during and after the Transformation process.

He touched on such subjects as force structure, MOS changes, the battle strategy in Iraq, recruiting and force realignment.

"The Army is pursuing the most comprehensive transformation of its forces since the early years of World War II," Preston said.

"This Transformation pro-



Sergeant Maj. of the Army Kenneth O. Preston, center, talks to cadets from the Maryland Army National Guard's Freestate Challenge Academy at the Post Recreation Center during a day-long visit to Aberdeen Proving Ground Oct. 6.

vides a unique ability for detailed planning, preparation and execution. Under it, the Army will be able to provide relevant and ready manpower to the nation while maintaining the quality of the all-volunteer force."

Soldier, employee, and family member needs remain a top concern, he added.

"Support for Soldiers, civilians and their families are a critical part of the Army's ability to defend our Nation."

He told the NCOs that they were "as much a role model as the Allied forces who stood against the Nazis."

"Now, with 240,000 troops deployed around the world, what you help to do against the

Global War on Terrorism today, will count 10 years from now," Preston said.

The gathered NCOS included six drill sergeants, Sgts. 1st Class Pamela Owens, Company B 143rd Ordnance Battalion; Juan Ruiz, Company C 143rd; Petra Casarez, Company A 143rd; and Staff Sgts. Janice Farmer,

Company B 16th; and George Gardner, Company A 16th. The instructors included Sgts. 1st Class Harvey Thomas, Headquarters and Headquarters Company, 16th Ordnance Battalion; James Bell, HHC 16th; and Staff Sgts. Jason Allen, HHC 143rd; Martin Lawrence, HHC 143rd;
See SMA, page 2

False rumor regarding destruction of veterans' records

Jim Garamone
American Forces Press Service

The National Archives and Records Administration is not destroying any military records, officials here said.

The agency is trying to counter an Internet rumor that advised veterans to apply for their Official Military Personnel Files to save them from destruction.

There is no truth to this

"urban legend" being perpetuated on the Web. "We heard it about a month ago," said Susan Cooper, the archive's public affairs officer.

The records are stored at the National Personnel Records Center in St. Louis. Officials there said that there has been an uptick in the number of veterans requesting their records. This takes time away from other legitimate requests,

such as veterans requesting separation documents or medical records.

"We have a limited number of people to do the work and anything that ramps the requests up this quickly is a big production issue with us," said John Constance, NARA's director of congressional and public affairs.

Archivists are digitizing some records, Cooper said.

"We are going to digitize some of them for reference and preservation," she said. "When records are handled frequently, it causes some wear and tear. The idea is to preserve (the records), not destroy them." Officials emphasize that the paper records remain intact.

NARA preserves and protects the files because they are permanently valuable records that document the essential

evidence of military service for veterans.

Bottom line: If you receive this sort of e-mail, ignore it. Your military records are safe.

Related sites include National Archives and Records Administration - <http://www.archives.gov> and National Personnel Records Center - http://www.archives.gov/facilities/mo/st_louis/military_personnel_records.html.

First term Soldiers receive early dental care

Harry Noyes
U.S. Army Medical Command

First-term Soldiers will get their teeth fixed sooner under a new U.S. Army Dental Command program called First-Term Dental Readiness.

The program will "ensure that newly accessed Soldiers are free from significant oral disease that could result in

emergency dental conditions and Soldiers arrive at their first permanent duty stations in Dental Fitness Classification 1 or 2." With a successful pilot project behind it, FTDR kicks off in earnest in the coming months at 17 training installations.

It's hard for an infantryman to help his squad put the bite

on the enemy when he can't even put the bite on his own MREs.

Yet the Army has long sent new Soldiers through training and into operational units with untreated dental conditions that disqualified them from deploying.

It used to make sense. Training is demanding, leaders

reasoned, and trainees should be in class or in the field - not cooling their heels in dental-clinic waiting rooms.

And it worked okay when operational units were mostly in garrisons, where tooth-challenged new guys could get their dental work up to date at their leisure.

But now, in a world at war,

30 to 50 percent of Soldiers deploy almost immediately after Initial Entry Training. Due to limited dental care in places like Afghanistan and Iraq, those folks need to hit the ground running, not gumming.

That means they need to get their teeth worked on during initial training - Basic Combat

See DENTAL, page 5



College Creek, Annapolis
Original artwork by Chris White, ATC

White closes out CFC series College Creek, Annapolis-final painting

APG News

The city of Annapolis was an obvious choice for this year's CFC print highlighting the historical and natural attractions of Maryland.

Annapolis was the nation's capital when George Washington tendered his resignation as General of the Continental Army, and the Treaty of Paris was signed in the Maryland State House, effectively ending the Revolutionary War.

It is the oldest statehouse in continuous use in the United States.

Annapolis' reputation as a fine seaport brought many goods and people to

Maryland's shores.

Along with its political and economic importance, Annapolis is treasured for the natural beauty that surrounds it.

A scene featuring College Creek, which runs north of the city, was chosen for this painting. In the distance the dome of the State House can be seen, a focal point standing proudly above all.

While Annapolis is known for its waterfront, the surrounding waterways provide calm waters for sailing, kayaking and rowing and safe havens for waterfowl.

The print is available only
See CFC, page 5

Family Corner—Enriching the military life

When dating becomes dangerous—A look at teen dating violence

Laura Reich
ACS

Dating Violence is more than just arguing or fighting. Dating violence is a pattern of controlling behaviors that one partner uses to overpower the other, including:

- Any kind of physical violence or threat of physical violence to gain control;
 - Emotional or mental abuse, such as playing mind games, making a person feel crazy, or constantly putting them down or criticizing;
 - Sexual abuse, including, forcing someone to do something they don't want to do, refusing to have safer sex, or making someone feel bad about themselves sexually.
- Teens who abuse their girlfriends or boyfriends do the

same things as adults who abuse their partners. Teen dating violence is just as serious as adult domestic violence. Teens are seriously at risk for dating violence.

Research shows that physical or sexual abuse is a part of 1 in 3 high school relationships. Abusive relationships have good and bad periods. Part of what makes dating violence so confusing and painful is that love is mixed with the abuse. This can make it hard to tell if it is abuse.

Ask these questions to determine if abuse exists in the relationship:

- Does the boyfriend or girlfriend:
- Act like Dr. Jekyll and Mr. Hyde with sudden and extreme mood swings. Does he/she

seem like two different people?

- Make fun of you, put you down, or embarrass you in front of other people?
- Have a history of bad relationships or past violence, always blame his/her problems on other people, or blame you for making him/her treat you badly?
- Try to get you drunk, high or messed up or try to get you alone when you don't want to be?
- Try to control you by being bossy, not accept your opinion, make all of the decisions about you you see, what you wear, where you go, etc.?
- Talk negatively about people in sexual ways or talk about sex like it's a game or a contest?

Do you:

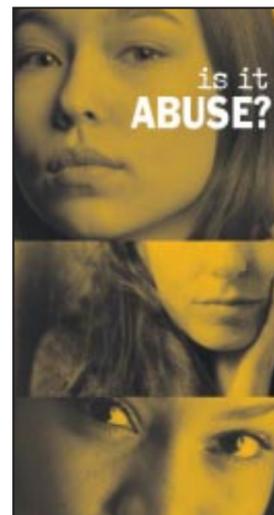
- Feel less confident about yourself when you're with him/her?
 - Have you been told by people you trust that they're worried about your safety?
 - Feel scared or worried about doing or saying the wrong thing?
 - Find yourself changing your behavior out of fear or to avoid a fight?
- Without help, the violence will only get worse. Anyone who thinks they might be in an abusive relationship should call National Domestic Violence Hotline 1-800-799-SAFE (7233). The National Domestic Violence Hotline is staffed 24 hours a day by trained counselors who can provide crisis

assistance and information about shelters, legal advocacy, health care centers, and counseling.

The Army Community Service Family Advocacy is also a place to go to receive help. For more information, call 410-278-7478/2500.

Web sites that offer information for teens are:

- Love Doesn't Have to Hurt American Psychological Association <http://www.apa.org/pi/pii/teen/homepage.html>
- National Runaways Switchboard <http://www.nrsccrisisline.org>
- National Sexual Violence Resource Center <http://www.nsvrc.org>
- TEAMCares Inc. <http://www.teamcares.org>



Courtesy of The National Center for Victims of Crime <http://www.ncvc.org/ncvc/Main.aspx>

New supervisors training course available at APG

Suzanne Schultz
CPAC

The Aberdeen Civilian Personnel Advisory Center conducted its first Human Resources for New Supervisors Sept. 20 through 24. Nineteen supervisors from 10 different activities participated.

The Civilian Human Resources Agency in an April 21, 2004 memorandum tasked each CPAC to present at least one HR for New Supervisors Course prior to the end of fiscal year 04. The APG CPAC will be presenting the course, recently renamed HR for Supervisors, on a quarterly basis.

The course is divided into the five major sections of personnel: Classification, Staffing, Management Employee Relations, Human Resource Development and Labor Relations. Subject mat-

ter experts from each area work as a team to present the material.

CPAC Director, Diane J. Smith, welcomed the students and provided them with an overview of the personnel function and the differences in the CPAC and Northeast Civilian Personnel Operations Center roles. She also showed a video on Merit System Principles that gave students the basic tenets they must follow in performing their supervisory duties.

Sue Cassidy, classification team leader, gave participants the opportunity to learn the fundamentals of classifying a position. Lisa McKinney and Shirley Mason followed by allowing students a chance to get hands-on computer time to practice using the Army Regional Tools such as Modern and FASCLASS.

The Staffing Module began

with an overview by Team Leader, Maureen Clifton, followed by a segment on non-competitive hiring authorities presented by Melda Callender. Debby Henson covered RESUMIX and External Recruitment and gave some members of the class a chance to be part of a "living" referral list and explained how the "Rule of Three" for selection is applied. Using a Web cam, Callender provided a tutorial for supervisors on how to complete the Gatekeeper section of the Request for Personnel Action. Shirley Murray wrapped up the module with a section on Interviewing.

With a little help from Jackie LaRoche, from the NECPOC, students learned all the pertinent facts about training and career development in the Human Resource Development module through

a series of lectures and exercises.

For most supervisors, the Management Employee Relations module contains the issues that they deal with on a day-to-day basis.

Team Leader Candy Myers kicked off the module with an overview of Performance Management followed by Audrey Armstrong who covered the Total Army Performance Evaluation System. Armstrong rewarded the students for their performance during her presentation with coffee mugs filled with homemade cookies.

Kim Hart's presentation on Time and Attendance, resulted in students asking a multitude of questions. Vicki Black addressed Medical Issues in the Workplace and helped everyone understand the definition of "reasonable accommodation" and what the gov-

ernment's responsibility is in those situations. Myers brought the module to a close discussing the critical topic of Dealing with Performance Issues, which also elicited a number of questions.

During the last day of class Cliff Watson discussed Labor Relations. In addition to the important information on union issues, Watson, as a font of information from the many negotiations in which he has participated, gave the class many real-life examples of what they could face in this arena.

Linda Bryant covered the principles of formal meetings and the application of the Weingarten Rule.

Students expressed appreciation for the information, which many said they believed would increase their effectiveness and success while performing their jobs.

"This course was excellent," read one student evaluation. "It should be mandatory for all supervisors, and new supervisors should have it within 60 days of starting. I applaud the CPAC for their proactive approach to solving one of the biggest problems in government (supervisor-supervisee relations). Great job. I never knew that CPAC actually wanted to be the supervisor's "best friend."

Based on the student evaluations, Smith said that "Overall, the class was a resounding success."

The next course is scheduled for Feb. 7 through 11, 2005.

Supervisors who are interested in attending a future session of this class should seek their supervisor's approval and call 410-278-9514 to make a reservation.

AMC deputy commanding general presents systems analysis awards

Jayne Lyons
AMSAA

Awards signifying the highest quality of work by U.S. Army Materiel Command Operations Research/Systems Analysis personnel were presented at a special ceremony Oct. 6 at Aberdeen Proving Ground.

Lt. Gen. Richard Hack, AMC's deputy commanding general, commended personnel from the U.S. Army Research, Development and Engineering Command's U.S.

Army Materiel Systems Analysis Activity and U.S. Army Research Laboratory Human Resources Engineering Directorate. Hack presented awards in two categories: small group and large group. Nominations for the awards come from the AMC Major Subordinate Commands, Separate Reporting Activities and RDEC-OM RDEC's. The winners represent AMC in the Deputy Under Secretary of the Army for Operations Research Dr.

Wilbur Payne Award process.

The small group category award went to ARL HRED employees, Diane Kuhl Mitchell, Charneta Samms and Maj. Thomas Henthorn, who are credited for their work on "Analysis of 2-vs.3-Soldier Crew for the Non-Line-of-Sight Cannon System (NLOS-C)." Their efforts examined the mental workload of Non-Line-of-Site Cannon crews to determine optimum crew size and the best allocation of combat functions among two and three

soldier crews. The large group category award went to AMSAA employees, Galen Castlebury, Barry Hum, David Payne, Gregory Pease, Matthew Rosenblatt and Larry Waggoner for their work on "Advanced Precision Kill Weapon System Cost-Performance Analysis," which was the first component level study requested to underpin a Headquarters, Department of the Army Analysis of Alternatives.

This study details the costs

and expected performance from a component level view. Components studied were chosen from three broad categories (motor, seeker, guidance and warhead) and were down selected based upon availability within required timeframe, technological risk and cost.

AMSAA named the preferred component configuration, showing that a warhead improvement was the next appropriate step in the weapons development and

helped refine the Block II Key Performance Parameters.

In his remarks after the award presentation, Hack told HRED and AMSAA analysts that although they may not see the end product of their efforts, he has witnessed the significant effects of their analyses in support of the Soldiers executing their mission in Operations Iraqi and Enduring Freedom.

"Your support of AMC's forward deployed Soldiers and civilians has been outstanding," Hack said.

SMA

From front page

William Davidson, HHC 16th; and Edward Martin, HHC 143rd.

After the meal, Preston met with 35 cadets from the Freestate ChalleNGe

Academy's Student Government Course, led by Charles Rooks, senior manager, marketing and recruitment, and with 20 recruits in the Army's Delayed Entry Program from Harford and Baltimore counties and their recruiters, led by Command Sgt. Maj. Donald E. Hall II, U.S. Army Baltimore Recruiting Command at Fort Meade.

Preston shared stories of his time in Iraq with the young listeners. He congratulated the cadets and recruits for "making sound choices" to better themselves while serving their country, and cautioned them that military life, while tough, is worthwhile.

"The military is more than a 9 to 5 job," Preston said, adding that, "It's a lifestyle to be taken seriously."

"Never forget that deploying to war is part of being a soldier."

After his talk to the cadets, Sgt. Carl Ford, cadre member, introduced Preston to cadet Curtis Michael, 17.

"He's one of our top cadets," Ford said.

"I want to be a leader one day and I just wanted to shake the hand of a leader," Michael said.

Several recruits expressed concern to Preston about the Army Transformation.

"This transformation is about stabilizing folks," Preston said. "It involves longer tours at one duty station. That will be the biggest

impact on new soldiers today."

He added that, "cross-training is one of the most important things out there."

"Look at all the National Guard and reservists activated and then trained in another MOS," he said.

The APG tour culminated with a visit to the Joint Personal Effects Detachment, which stood up at APG after the outbreak of the Iraq War. Lt. Col. Andrew L. Williams, detachment commander, Sgt. Maj. Bruce Smith, detachment sergeant major, 1st Sgt. Albert Whitfield and Sgt. 1st Class Freddie Acevedo, NCOIC mortuary affairs, welcomed Preston, Aubain and Irby.

Sgt. 1st Class Alfred Venham, mortuary affairs led the tour of the casualty warehouse in which the personal effects of wounded service members are inventoried, cleaned, and logged before shipment.

In the next building, led by Acevedo, the group watched as the detachment Soldiers performed the solemn tasks of processing and photographing the personal items of deceased service members. Photographs, clothing, books, uniforms and games were just some of the items that filled the tables in the warehouse. Underneath each table, plastic footlockers bore the names of the deceased.

Acevedo and the section chiefs explained each aspect of the operation to Preston who gave out several coins in

appreciation of their performance.

"I heard a lot about this operation and appreciate the chance to come see it for myself," Preston said. "It's not an easy job or a pleasant job but thank you all for what you do."

With this, his second visit to APG, after attending the OC&S Noncommissioned Officer Ball earlier this year,

Preston said he was impressed with the organizations and units that make up the Proving Ground, particularly its young soldiers in training.

"New soldiers coming out of Advanced Individual Training are entering at a historic time," Preston said. "They can prepare for a new life cycle."

As Sergeant Major of the Army, Preston serves as the Army Chief of Staff's personal adviser on all enlisted-related matters, particularly in areas affecting Soldier training and quality of life.

He devotes the majority of his time to traveling throughout the Army observing training, and talking to Soldiers and their families.

He sits on a wide variety of councils and boards that make decisions affecting enlisted Soldiers and their families and is routinely invited to testify before Congress.

APG News

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: AMSSB-GIM-P, APG, MD 21005-5001, 410-278-1150. Printed circulation is 8,900.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source.

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For advertising matters, call Homestead Publishing, 410-838-4400. Send articles or information for publication to the APG Public Affairs Office, Building 2201, AMSSB-GIM-P, APG, MD 21005-5001; call the editor at 410-278-1150, DSN 298-1150; send a fax to 410-278-2570; or send e-mail to editor@usag.apg.army.mil. Deadline for copy is Thursday at noon for the following Thursday's paper.

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Families enjoy 'Let's Just Play Day' in EA

Story and photos by
Meghan Bowen
APG News

Soccer skill trials, tech clubs, and friendship color bracelets were among the activities for parents and children at the 'Let's Just Play Day,' Edgewood Area Child and Youth Services function held in conjunction with the 'Boys and Girls Clubs of America' program on Oct. 2. at the EA Youth Center.

"It's something for the kids and they really enjoy it," said Joyce Johnson, who spent the day at the youth center program with her four year-old son, Dakari, who played outside on a super sized soccer ball.

Chris Fielder, EA Sports Associate, signed up other

children for the soccer skills trial contest. Fielder said that a trophy would be given to the first and second place winners.

Other children entertained themselves indoors with a game of candy-corn bingo, moonbounce, and friendship bracelets.

The grand re-opening of the brand new technology center was held during a ribbon cutting ceremony. The youth center's new computer lab has been furnished with 15 new Dell computers, equipped with 20 new educational and entertainment programs.

"The new lab gives us a renewed emphasis on education," said Daniel McCoy, EA Youth Technology Program Lead.

"We also have a new digital piano and movie camera for the children in the clubs to use," McCoy said.

The new lab is home to the Photo, Web, Music, Design and Movie Tech clubs in the EA youth center.

"We've redesigned the web tech club, because we're part of a pilot group and have just received a thousand dollar grant for the program," McCoy said.

EA youth have also started a literary magazine called "How We Do?"

"It was just started in the spring of 2004," said McCoy. "It's been great because the children run the magazine. And they're able to talk about their writing."



Erik Petersen, EA Firefighter and Emergency Medical Technician, points out parts of the fire engine interior to Michael Sieling, 5, at the 'Let's Just Play Day' Oct. 2.



Regina Dannenfelser, right, Chief, Directorate of Community and Family Activities, cuts the 'Grand Re-opening Ribbon' for the new Tech Lab in the EA Youth Center Oct. 2, while, from left, Carlos Phillips, Facility Director, Renee Main, Assistant Facility Manager and School Age Services Lead, and Daniel McCoy, youth tech program lead, right, look on.



Pvt. James Byers, Company B 143rd Ordnance Battalion, tests the soccer skills of Saint Michael Vincent, 5, son of Sgt. Andrea Vincent, U.S. Army Center for Health Promotion and Preventative Medicine, at the 'Let's Just Play Day' at the Edgewood Area Youth Center Oct. 2.

POST SHORTS

The Expois free and open to all Department of Defense, government and contractor personnel (with access to APG-Edgewood Area).

Vendors to present state-of-the-art technologies will include Anixter, ASAP Software, CDW-G, Cingular Wireless, Dell, DLT Solutions, EME Solutions, Gateway, Global Knowledge, GMRI, GTSI/Sun Microsystems, HP, IBM, Integrated Barcode Technology, MPC, Metro Office Products, MEDI, NEC - Mitsubishi, Nelson White Systems, Newark InOne, Office Eagle, Panasonic, Plug-In Storage Systems, Ricoh, Scotty Tele-Transport Corp., Seidcon, Staples, Tech Depot - An Office Depot Co., Westwood Computer, Wrightline and more.

Coffee and donuts, light lunch buffet will be provided.

For more information call FDAE toll-free at 1-877-332-3976, Susan Suppa, DOIM, at 410-278-7598, or Chris Zukowski, RDECOM, at 410-436-3873.

Thrift Shop to disburse funds

The APG Thrift Shop will accept requests for donations from schools, service organizations and military units through Oct. 31.

The request should include the name of the organization, point of contact, address, telephone number, amount requested and specific details on what the funds will be used for. In the past donations have been granted to area Aberdeen schools, Boy Scouts, Army Community Service and veterans organizations.

Mail or drop off requests to the APG Thrift Store, building 2458, APG, MD 21005-5001.

For more information, call the store during operating hours, which are 11 a.m. to 6 p.m., Wednesday; 10 a.m. to 2 p.m., Thursday; 10 a.m. to 1 p.m., the first Saturday of the

month. Consignments are only taken 11 a.m. to 2 p.m. and 4:30 to 5:30 p.m., Wednesday and 10 a.m. to 1 p.m., Thursday.

MCSC sells apple pies

The Military and Civilian Spouses' Club began its annual apple pie sales Oct. 13. Each pie will be sold for a \$6 donation.

To place a pie order, call Holly Ratliff at 410-273-6706.

MCSC will be assembling pies from 9 a.m. to noon and 1 to 4 p.m. at the AA Chapel on Oct. 13. Pie orders should be picked up within these time frames.

If you would like to volunteer to help, call Ratliff.

Checking employee Leave & Earnings Statement

Employees are reminded it is their responsibility to check their Leave and Earnings Statement to verify the correct deductions are being withheld for their benefits.

This includes Thrift Savings Plan, Federal Employees Health Benefits and Federal Employees Group Life Insurance.

All deductions are listed on the LES under "Deductions" and include the dollar amount. The TSP is also listed in Block #22 on the LES with either the percentage or dollar amount elected for contribute. A TSP Loan would also be listed under deductions with the TSP loan number.

Employees transferring to the installation are strongly encouraged to double check all deductions to make sure everything has transferred with no interruption.

FEGLI Open Season changes will not be reflected since they are not effective until September 2005.

For more information, contact a servicing human resources assistant.

Trick or treating on APG

Halloween and the traditional "trick or treat" activities will be celebrated at Aberdeen Proving Ground on Oct. 31.

Children under 12 must be accompanied by an adult.

"Trick or treat" activities are specifically limited to 6 to 8 p.m.

Personnel driving in the housing areas during the "trick or treat" period are cautioned to exercise extreme care, and to be especially watchful for young children who may not be readily visible or attentive to moving vehicles. It is strongly recommended that children wear reflective markings on their costumes or carry a flashlight.

The cooperation of all concerned is being solicited to ensure a safe and happy Halloween at APG.

For more information, call Linda Holloway, 410-306-4520.

ACS sponsors "Another Dynamic Huggable Delightful Child"

The Exceptional Family Member Program will be sponsoring "Another Dynamic Huggable Delightful Child," a class that focuses on parents who have children with Attention Deficit Hyper-activity Disorder.

The training will educate parents on ADHD, behavior modification and child training techniques.

The class will be held 6 p.m. to 8 p.m., Oct. 19, at Army Community Service, building 2754.

Free childcare is available so call in advance. Participants must register by Oct. 15 by calling Reeshemah Bugg, EFMP coordinator at 410-278-2420.

Military Christian Center offers local

trips for military personnel

The Military Christian Center has sightseeing and shopping trips scheduled for October. Pickup times and locations include:

Oct. 16, 1:30 p.m. pickup, Arundel Mills Shopping Center

Oct. 23, 9:30 a.m. pickup, Philadelphia, Pa. (Independence Hall, Liberty Bell, shopping mall)

Oct. 23, 9 a.m. pickup, Towson Town Center

Oct. 30, 1:30 p.m. pickup, Arundel Mills Shopping Center

Oct. 31, 6:30 a.m. pickup, Washington, D.C. (White House, Capitol, Washington Monument and more) All trips are free, with a donation of \$2.

The Military Christian Center is located at 16 N. Philadelphia Blvd., Aberdeen, and is open Friday through Sunday. Free home-cooked meals and dorm facilities are available.

When a call is received, a member of the staff will pick up. The center is a practical place to hang out and relax for the weekend.

For more information or to reserve a seat, call 410-272-1144 after 8 p.m. Friday evening.

Research study needs volunteers

The U.S. Army Research Laboratory is conducting a study on speech in noise. Paid listeners must be males between 18 to 38 with normal hearing.

The study requires two visits lasting two hours each. The study will take place Oct. 14 through 22. Non-military listeners will be paid \$20 per hour.

Interested volunteers should call Kim Fluit, 410-278-5850, e-mail kfluit@arl.army.mil or call Martha Dennison 410-278-5918, or e-mail mjdennis@arl.army.mil.

CFC

From front page

to Gold and Silver level donors to the Central Maryland Combined Federal Campaign. The series of prints by Christopher White is unique to the Central Maryland CFC, and is its way of thanking contributors for their thoughtfulness and generosity. The Gold Level Incentive is a signed and numbered limited edition print of an edition of 350. The size

of the print is 16 inches by 20 inches. The Silver Level Incentive is 8 1/2 inches by 11 inches, and is a signed and numbered edition of 1,500, also matted and framed.

Christopher White is an award-winning artist, as well as a federal employee with over 24 years of service. He currently works as an animator for the International Imaging Team at Aberdeen Test Center.

White's artwork has been displayed at shows around the Chesapeake Bay region. He is

currently illustrating Star Trek model kits licensed by Paramount Pictures.

Just a reminder, 2005 will be the last in the series of Maryland scenic prints.

2004 CFC front-runners

The Aberdeen Proving Ground 2004 Combined Federal Campaign is already a roaring success for two groups. As of Oct. 11, both of these groups has exceeded their goals and key workers continue to encourage additional participation. They are

the 9th Area Medical Lab and the Internal Review & Audit Compliance Office.

Congratulations to all for their exemplary dedication to helping others. The opportunity to contribute to CFC continues through Nov. 30.

The first drawing for the small and large "Fort McHenry" prints will be held Oct. 18. To be eligible, submit a pledge cards including name, telephone number, and organization on the tear strip on the back. Tear strips are removed

and used for drawing entries.

The 2004 Contributor's Guide for national/international organizations is at Web site <http://www.cfcmd.org>. Paper copies of the guide and pledge cards are available from organ-

ization key workers or at the APG CFC office. For more information, visit the APG CFC office in building 120, room 114, or call Robert Solyan, Lisa Mack, or Betty Scott at 410-278-

Health

TRDP eligibility includes "gray area" retirees

Nancy White

Delta Dental of California Federal Services

Eligibility for the TRDP CARE Retiree Dental Program extends to ALL retirees of the Reserve and Guard and their family members, including "gray area" retired Reservists who are entitled to retired pay but will not begin receiving it until age 60.

Although eligibility for this group has been in effect since the TRDP first began in 1998, many retired Reserve and Guard members, and even more "gray area" retirees, still

do not realize they are eligible.

Premiums for the TRDP are regionally based on the primary enrollee's residence ZIP code. Title 10 of the United States Code, Section 1076c mandates that monthly premiums for the TRDP be deducted automatically from retired pay through one of six discretionary allotments. However, "gray area" retired Reservists who are younger than age 60 and who enroll in the program are naturally exempt from the mandatory government deduction, so alternative payment

arrangements such as direct billing or EFT will be made.

Today, over 791,000 retired members of the uniformed services, Medal of Honor recipients, unremarried surviving spouses, and their family members are enjoying comprehensive, affordable benefits under the TRDP. Enrollees in the TRDP can choose any licensed dentist within the TRDP service area or can select from a network of over 80,000 dentist locations nationwide.

The TRDP service area

includes all 50 United States as well as the District of Columbia, Puerto Rico, Guam, the U.S. Virgin Islands, American Samoa, the Northern Mariana Islands, and Canada.

Retired Reservists and Guard members, including "gray area" retirees, who would like more information about the TRDP can visit Web site, <http://www.trdp.org>, or call the contract administrator, Delta Dental of California, at 1-888-838-8737 for a complete TRDP enrollment packet.

Dental

From front page

Training, Advanced Individual Training, One Station Unit Training, or Officer Basic Course. How?

It was not enough to simply say, "Make it so!" Dental clinics at training posts weren't staffed to handle such a load, and trainers weren't eager to turn their charges loose. When is training more important than in wartime, after all?

It took finesse to balance everyone's legitimate concerns, find resources to meet the new demands, and shift to the new policy.

It worked out because the First-Term Dental Readiness appealed to a bottom line that all military people understand: readiness.

The result was a Memorandum of Understanding between the commanders of U.S. Army Medical Command and U.S. Army Training and Doctrine Command.

TRADOC agreed to make trainees available for dental work and, indeed, to make Dental Fitness Classification 1 or 2 a graduation requirement. MEDCOM promised that DENCOM would make more resources available at the 17 affected training installations.

The effort will cost \$16 million in its first year and every dollar is coming out of MEDCOM's own budget hide. But it's an investment that - in business terminology - falls directly to the bottom line (readiness). MEDCOM leaders consider it an essential contribution to accomplishment of the Army mission in the theater of operations.

The money will cover some "stuff" - faster digital radiology gear at five sites, facility repairs at three - but it's mostly for people. Larger sites will get over a dozen new people each, typically four more dentists, eight additional assistants and two schedule coordinators.

These will be mostly contracted positions. No new military dentists are planned, but the ancillary positions may become permanent, civilian, GS positions.

"It's at contracting now," said Col. Larry G. Rothfuss, DENCOM's program manager for FTDR, in early September. "We hope that we can get one contractor to do the hiring for all locations."

It may be difficult for anyone to find contract dentists at all at some smaller, more remote sites, where civilian dentists are not abundant, Rothfuss acknowledged. In some of the very smallest training sites, Soldiers could be sent out to civilian dentists on a case-by-case basis rather than being treated in a military

facility. This will largely depend on the amount of treatment first-term Soldiers need.

The program was launched a year ago with pilot projects at Fort Sill, Okla., and Fort Knox, Ky. Both succeeded in reaching the Department of Defense goal for dental readiness, namely, more than 95 percent of the training graduates at Sill and Knox have graduated in Dental Fitness Classification 1 or 2.

During fiscal year 2005, as Sill and Knox continue on course, other sites will be phased in.

"Allowing time for contractors to get into place, FTDR will probably be kicking off about January 2005," Rothfuss said. "But by FY 2006, it should be up and running everywhere."

Funding for the program is in the command's long-term budget plan for the next five years, Rothfuss said, so it can now be considered a permanent commitment.

In its first year, the program will rely on panoramic images to screen students. Those showing a disqualifying problem - as well as any students slated to deploy overseas right after training - will get full dental examinations. Thereafter, whatever needs to be fixed to get them deployable will be fixed.

In FY 06 and afterwards, with the program in full swing, all students will get full dental exams.

"How much time is available for exams and treatments

depends on how long the training lasts," Rothfuss said, noting that different MOSs have drastically different lengths of training.

Fortunately, 75 percent of trainees needing dental work require only three hours of treatment or less. Some of these will also require post-treatment restrictions for a time.

Most of the rest can still be treated during training. Under the MEDCOM-TRADOC MOU, however, a few cases identified during recruiting exams as needing major dental work can have their treatment start up to a week before their classes begin or may be held over at the training site for up to two weeks after graduation to complete treatment.

Assigning Dental Fitness Classifications

Department of Defense policy requires that all military personnel get annual dental exams. After each exam or dental treatment, a Soldier is assigned a Dental Fitness Classification. The DFC is based on how likely the Soldier is to experience a dental emergency in the following 12 months, given the condition of his or her teeth and mouth. Classifications are:

DFC 1 - Patients with a current dental exam who do not require dental treatment or reevaluation.

DFC 2 - Patients with a current dental exam who require non-urgent dental treatment or reevaluation, for oral conditions which are unlikely to

result in a dental emergency within 12 months.

DFC 3 - Patients who require urgent or emergent dental treatment and who have a high likelihood of becoming dental emergencies within 12 months.

DFC 4 - Patients who require dental exams.

There is nothing hypothetical about the dental challenge. Currently 42 percent of new Army accessions are classified as DFC-3 and are dentally non-deployable. Yet 30 to 50 percent of all trainees are slated to join deployed or deploying units upon graduation.

(Editor's note: Adapted from an article for the MEDCOM Mercury.)

Community Notes

THURSDAY THRU SUNDAY

OCTOBER 15 THRU 31 RIPKEN STADIUM HOSTS DIAMOND OF DARKNESS

Ripken Stadium will host Diamond of Darkness, a Halloween themed park for children and adults of all ages. The event will include a haunted hayride, a wooded walk, a haunted house and more. Diamond of Darkness will be open 7 to 10 p.m., Oct. 15 through 31, Thursday and Sunday, and 6:30 to 11 p.m., Friday and Saturday.

Haunted house tickets cost \$12 for adults and \$7 for children ages 10 and under; the hayride/haunted walk tickets cost \$14 for adults and \$10 for children ages 10 and under; or a Combo Pass tickets cost \$18 for adults and \$13 for children ages 10 and under. A portion of the proceeds will benefit the Cal Ripken Sr. Foundation.

The Foundation uses baseball taught "The Ripken Way" as a tool to help young people develop positive character traits.

Tickets can be purchased at www.ticketmaster.com or by calling the Ripken Stadium Box Office at 410-297-9292.

For more information, call Matt Musgrove at 410-908-6187, or Ripken Stadium at 410-297-9292, or visit matt@diamondofdarkness.com.

SATURDAY OCTOBER 16 FLEA MARKET/BAKE SALE

VFW Post 10028, 821 Old Philadelphia Road, Aberdeen, will hold a Flea Market/Bake Sale, 8 a.m. to 3 p.m. Admission is free.

Home baked goods will be offered for sale. Refreshments available. All tables cost \$10.

For more information, call 410-272-1218.

R&B FUNK SHOW

Charlton-Miller VFW Post 6054 presents the final R&B Funk Show for 2004, starring Baltimore's own "Badd" and "Class." The show will be held at American Legion Post 17 located at 415 Edgewood Road, 9 p.m. to 2 a.m.

Donations will be taken \$20 in advance and \$24 at the door and includes a light buffet, cash bar and D.J. Tickets can be purchased at the VFW Post 6054 or by calling Post Commander Terry Robinson at 410-688-3188 or 410-272-3444.

SUNDAY OCTOBER 17 BROOKS AND DUNN IN CONCERT

Information Manufacturing Corporation presents a Salute To The Military concert 7:30 p.m., Oct. 17, at the Nissan Pavilion at Stone Ridge, Bristow, Va., just off I-66, Prince Williams County. Brooks and Dunn will perform, with special guests Montgomery Gentry and Gretchen Wilson.

Military can receive half price lawn tickets through Oct. 15 when they present military ID at the Nissan Pavilion box office or any Ticketmaster outlet (including Andrews AFB, Bolling AFB, the D.C. Visitors Center, Fort Belvoir, Fort Meade, Goddard Space Flight Center, Nation Naval Medical Center, NSA, Patuxent Naval Air Station and the Pentagon).

Limit eight tickets per certificate or military ID.

Discount not valid with any other offers. The offer is valid while tickets are available. A service charge applies to all tickets. Event is rain or shine. Ask for W-type.

For more information, call 703-754-6400 or visit www.nissanpavilion.com.

TUESDAY OCTOBER 19 OCTOBERFEST HISPANIC SPECIALTY MEAL

The Octoberfest Specialty Meal will be held in the Aberdeen Area dining facilities, buildings 4503 and 4219 and the Edgewood Area dining facility, building E-4225, 5:30 to 7 p.m. Military personnel, family members, Department of Defense civilians, retirees and guests are invited to dine.

The standard meal rate of \$3.30 applies to any officer, enlisted member, and family member of sergeant or above, DoD civilian, retiree and their guests. The discount meal rate of \$2.85

applies to spouses and other family members of enlisted personnel in ranks private through specialist/corporal.

The Octoberfest Specialty Meal Menu includes old fashioned bean soup, pork schnitzel, baked chicken German style, pickled German beef roast (sauerkraut), Hamburg style flounder, grilled knockwurst, grilled bratwurst with sauerkraut, parsley buttered potatoes, egg noodles, Viennese cabbage, peas with onions, mushroom gravy, assorted salad bar, coleslaw with creamy dressing, German style cucumber salad, assorted breads, hot rolls, bread pudding with vanilla sauce, snickerdoodle cookies, Blackforest cake, soft serve yogurt with assorted toppings, assorted condiments and assorted beverages.

Note: Menu is subject to change without prior notification.

For more information, call Edward Parylo or Ernest Green at 410-306-1393/1398.

FREE ID THEFT SEMINAR

A free Identity Theft Seminar will be offered by Aberdeen Proving Ground Federal Credit Union, 6 to 7:30 p.m. at the APGFCU Operations Center in Edgewood, 1321 Pulaski Highway. Topics include ID Theft-what it is, what to do if you become a victim, how you can protect yourself, and the latest information on "Phishing." Plus, enter to win a personal

home-office paper shredder.

Register by e-mail at EDTEAM@apgfcu.com or call 410-893-7359. The seminar is free and open to the public.

THURSDAY OCTOBER 21 BUS TRIP TO WWII MEMORIAL, LIBRARY OF CONGRESS

Harford County Tourism and the Bel Air Friends of the Harford County Public Library will sponsor a bus trip to the Library of Congress and the World War II Memorial in Washington, D.C.

The bus will leave at 7:30 a.m. from the Sheraton Four Points Hotel, off Maryland Route 22 in Aberdeen and return to the hotel at 5:30 p.m. Participants also will have two hours to tour D.C. on their own.

Cost of the trip is \$35 per person and includes a box lunch. Reservations and full payment are due by Sept. 25.

Make checks payable to Harford County Tourism and mail the payment along with your name, street address, city, state and zip, phone, e-mail address and cell phone number to Harford County Tourism, 211 West Bel Air Ave., Aberdeen, Md. 21001.

All fees are non-refundable/non-transferable. The fee can also be charged over the phone. For more information, call Harford County Tourism at 410-272-2325 or 1-800-597-2649.

MOVIES

ADMISSION: ADULTS \$3, CHILDREN \$1.50 -- Building 3245 Aberdeen Boulevard To verify listing, call 410-272-7520.

Effective Oct. 15, movie admission prices have increased. New admission rates are \$3.50 for adults and \$1.75 for children

HERO

Friday, Oct. 15, 7 p.m.

Starring: Jet Li, Zhang Ziyi

A series of Rashomon-like flashback accounts shape the story of how one man defeated three assassins who sought to murder the most powerful warlord in pre-unified China.

In ancient China, before the reign of the first emperor, warring factions throughout the Six Kingdoms plot to assassinate the most powerful ruler, Qin. When a minor official defeats Qin's three principal enemies, he is summoned to the palace to tell Qin the story of his surprising victory. (Rated PG-13)

ANACONDAS: THE

HUNT FOR THE BLOOD ORCHID (FREE ADMISSION)

Saturday, Oct. 16, 7 p.m.

Starring: Johnny Messner, Morris Chestnut

A scientific expedition sets out for the island of Borneo, in search of a flower named the Blood Orchid. Reports say that this flower can lead to a longer life. But what they find inhabiting the rainforest of Borneo is a group of anacondas. But they aren't ordinary... the Blood Orchid made the anacondas longer, faster and smarter. Now the scientists must find a way out of the rainforest by outsmarting, outrunning and outliving the anacondas. (Rated PG-13)



Morale, Welfare & Recreation

Activities

New operating hours

The MWR Registration, Tickets and Leisure Travel Center's new operating hours are 9 a.m. to 5 p.m., Monday thru Friday, and 11 a.m. to 7 p.m., the 1st and 3rd Friday of every month.*

*If this happens to fall on a training holiday, then the Thursday prior the office will be open 11 a.m. to 7 p.m.

Methods of registration

Register for any MWR event by visiting the specific facility for the event, mailing in a registration form found in an MWR Program Brochure, visiting MWR Registration, building 3326, or visiting online at www.apgmwr.com.

BOSS sponsors Halloween bowling party

Better Opportunities for Single Soldiers is sponsoring a Halloween Party at the APG Bowling Center 9 to 11 p.m., Oct. 29. The cost is \$10 per person.

Youth Services presents Interpretive (Signing) Dance Classes

The APG Child and Youth Services School of Ballet and Dance presents Interpretive Signing Dance classes for students ages eight to adult, of military and civilian employees at APG and sponsored students. Interpretive (Signing) Dance Classes incorporates sign language with the beauty of dance.

No previous signing or dance experience is necessary. The date for determining age eligibility is Oct. 1, 2004.

Registration will be held through Oct. 18.

Dance lessons cost \$75 per student and include one hour of instruction, per week for 20 weeks and a recital. Students

Dress up and join the fun for a night of bowling, music and costume and door prizes.

Open to permanent party, APG employees and friends.

For more information or to purchase tickets, contact a BOSS Representative or the AA Recreation Center, building 3326, 410-278-2621/3404.

MWR looks out for singles through BOSS

The BOSS "Better Opportunities for Single Soldiers" Program meets on the last Wednesday of every month at 2 p.m., building 305, conference room.

The program is Department of the Army directed, installation managed and service member operated to support the overall quality of life, recreation and leisure and community service for single and unaccompanied service members and single parents.

For more information, call Joyce Founds, Morale Welfare and Recreation advisor, at 410-278-2621.

six years of age and above are required to pay a membership/registration fee.

Interpretive Dance classes will be held 5:30 to 6:30 p.m., every Tuesday, beginning Oct. 19, for ages eight through 18, in the Aberdeen Youth Center, building 2522, Ballet Room.

Parent orientation will be held Oct. 19 in the Ballet Room.

For an appointment to register, call Christina Keithley at 410-278-7571 or Pat Palazzi at 410-278-7479, CYS Outreach Services-Central Registration Office, room 110, building 275, 8 a.m. to 5 p.m., Monday through Friday.

For more information, call Ivan Mehosky at 410-278-2857.

Sign up for Youth Services Sports

ational vehicle to purchase.

Only vehicles properly registered with Outdoor Recreation and a state motor vehicle registration office can be stored in the lots.

Law enforcement personnel will check the lot for unauthorized users and are authorized to remove vehicles.

"Any vehicle not properly registered will be removed at the owner's expense," said

2004 Soldier Show

The 2004 U.S. Army Soldier Show returns to the APG Post Theater Oct. 23 and 24. The Soldier Show is a high-energy 90-minute review, showcasing the talents of active duty Soldiers who are selected by audition from throughout the Army.

They are amateur artists who have a passion for music, dance and performing.

They come from infantry, artillery, transportation, military police, medical, intelligence, armor, aviation, signal, and other tactical units.

The show is assembled in six weeks and then tours for six months.

The 2 p.m., Oct. 23 and 24 shows are open to active duty personnel only.

The 7 p.m., Oct. 24 show is open to the public.

Shirley Caesar concert with local choirs

Evangelist Shirley Caesar will be Ministering in Song on Nov. 5 at the APG Post

Karate classes

The fall session for karate classes for ages 7 through 18 will be held Monday and Wednesday at the Aberdeen Youth Center, 5:30 to 6:30 p.m., Oct. 18 through Dec. 22. The class must have a minimum of 10 youths.

Karate classes cost \$60 per session. Youths must be a current Youth Center member.

Classes begin once the minimum number have signed up.

For more information or for registration, call Christina Keithley at 410-278-7571, or e-mail Christina.Keithley@usag.apg.army.mil.

2004-05 Cheerleading Program

In the Aberdeen Area, registration for cheerleading for ages 6 through 15 will be held 9 a.m. to 4 p.m., Oct. 18 through Nov. 8, by appoint-

ment. Doors open at 6 p.m. and the show starts at 7 p.m.

Tickets cost \$30 in advance and \$35 the day of the show. Purchase tickets online at www.apgmwr.com or MWR Registration.

U.S. Amateur Boxing Tournament

The Integrity School of Hybrid Boxing and Community Recreation Division will host an Amateur Boxing Tournament featuring local and national amateur boxers Oct. 16 in Hoyle Gym and Fitness Center.

Doors will open at 5 p.m. and boxing will start at 6 p.m.

Cost is \$20 for front row ring side seats, \$15 for floor seating and \$10 for bleacher seating. Tickets cost \$20 the day of tournament. Purchase tickets at www.apgmwr.com, MWR Registration, or the Hoyle Gym and Fitness Center.

Football Withdrawal Tournament

Suffering from the Raven's Youth Centers. Cost of registration for the basketball league is \$40 per child, \$76 for two children and \$112 for three children. Cost of registration for the basketball clinic is \$30 per child.

Children must be Youth Center members to participate. Membership fee costs \$18.

The Basketball Program will consist of five age groups. Leagues include ages 7 to 8, 9 to 10, 11 to 12 and 13 to 14, with ages as of Dec. 31, 2004. A basketball clinic will be held for boys and girls ages 4 to 6 with ages as of Nov. 10, 2004.

Registration dates and times

In the Aberdeen Area, building 2752, walk-in registration will be held 5:30 to 7:30 p.m., Oct. 21 and 28 and Nov. 8. In the Edgewood Area

bye week? If so, then play in this golf tournament at Exton Golf Course on Oct. 17. This will be a Captains Choice Scramble at 1 p.m. Cost is \$10 and includes cart fee, greens fee, food and beverages. Registration closes Oct. 14. For more information call, Dave Correll at 410-436-2213.

MWR 8-Ball Billiards Doubles

This event will be a double-elimination tournament. Play will begin promptly at 7 p.m. and all participants must be pre-registered.

Cash prizes will be awarded to the top three teams based on the number of entries. Tournament will be held 7 to 11 p.m., Oct. 22, at the Recreation Center. The cost is \$10 per team. Register by Oct. 20.

Greenskeeper Revenge

On Oct. 23 the Greenskeeper is making up for all year and placing the flag anywhere he wants. This is a fun four-player scramble tour-

namment playing the course the way the greenskeeper sees fit to set it up. Put a team together or sign up and be paired up into teams.

Lunch and beverages follow. It will be an 8 a.m. shotgun start at Ruggles Golf Course. The cost is \$35 per player. Register by Oct. 21.

Jujitsu

These instructional classes in the "ancient art of hand combat" are designed to enable the student to become proficient in the art of self-defense. The course includes learning take-downs, grappling, gripping, and ground floor fighting to subdue an opponent.

The instructor will give an overview and syllabus of the requirements for obtaining belts as well as the recommended training regimen for progression. Students will be responsible for obtaining any equipment needed for the program. Classes will be held 6 to 7 p.m., Oct. 19 through Nov. 9, in Russell Gym. The cost is \$35. Register by Oct. 14.

building E-1902, walk-in registration will be held 10 a.m. to 3 p.m., Oct. 20, 27 and Nov. 3, and 5:30 to 7:30 p.m., Nov. 2 and 8.

For more information or to make an appointment, call the CYS Youth Sports Office at 410-306-2297.

Sports Physicals are due to the Central Registration Office by Dec. 1.

Registrations taken after Nov. 8 will be put on a waiting list. Bring a completed physical examination and proof of age to registration.

A CYS sports registration form, NYSCA parents code of ethics and CYS code of conduct forms must be completed.

The CYS sports program is in need of volunteer coaches for all age groups.

MWR vehicle lots offer storage for car, boat, RV sales

APG News

The APG Outdoor Recreation Program offers a little-known service to Morale, Welfare and Recreation patrons - vehicle sales lot.

Patrons can register a vehicle for storage in a lot for up to 30 days for \$5 for military or \$10 for others, and other patrons can browse the lot for that next dream car, truck, boat, camper and or recre-

ational vehicle to purchase.

Only vehicles properly registered with Outdoor Recreation and a state motor vehicle registration office can be stored in the lots.

Law enforcement personnel will check the lot for unauthorized users and are authorized to remove vehicles.

"Any vehicle not properly registered will be removed at the owner's expense," said

Wayne Doyel, ODR program manager.

Registration fees may be paid 8 a.m. to 4 p.m., Monday through Friday at Outdoor Recreation, building 2407. Cash, check, VISA, or Mastercard are acceptable forms of payment. Checks should be made payable to IMWRF #20 and include name, current home address, home telephone number and

work address and telephone number. A \$25 fee will be assessed for returned checks.

If a vehicle is not sold within 30 days, the patron must re-register the vehicle and pay another month's storage fee. Any vehicle that is not sold within 90 days must be removed by the patron.

The Aberdeen Area lot is adjacent to the AA Recreational Vehicle Storage

Lot in the 5400 block on Washington Lop. The Edgewood Area lot is located adjacent to the EA RV storage lot at Scully and Bush River roads.

Anyone wishing to purchase a vehicle from the storage sale lot should write down the registration certificate

information located in the front window on the dashboard and call Mary Brousseau, at 410-278-4124 for assistance.

Brousseau cannot divulge contact information, but will direct callers on the procedures for purchasing the vehicle.

LIBRARY BOOK CORNER

Operating hours of the Aberdeen Area Library, building 3320, are 1 to 5 p.m., Saturday and Sunday and 11:30 a.m. to 6:30 p.m., Monday, Wednesday and Thursday. The Edgewood Area Library is open 11:30 a.m. to 6:30 p.m., Tuesday. For more information, call 410-278-3417.

The following is a list of some new nonfiction DVDs available at the APG MWR Libraries:

Life and Death in the War Zone: inside an American Combat Support Hospital

NOVA presents the medics, nurses, doctors, and military staff of the 10th and 21st CaSH units, following them from their intense prewar preparations to their deployments to Kuwait and the desert north of Baghdad.

Unchained Memories: readings from the slave narratives

Fahrenheit 9/11

Pilates for Every Body

The Forgetting: a portrait of Alzheimer's

The Fog of War: Eleven Lessons from the Life of Robert S. McNamara

The library's Web site, www.apgmwr.com/recreation/libraries.html, provides access to the library's online catalog and also has a complete annotated listing of the library's new material, as well as a list of available films on DVD.



Yvonne Johnson
APG News

The highly mobile world of the Internet makes users particularly vulnerable to hackers and thieves who wish to steal their identities or personal information for illegal gain, or simply scam their hard-earned money away from them.

According to Dean L. Jager, a security and fraud investigations officer with the Aberdeen Proving Ground Federal Credit Union, scams are not something that "happens to the other guy."

"Everyone can be a victim of this fast growing crime," Jager said, adding that Internet crimes targeting service members and their families are a growing occurrence in this region.

"If a deal seems too good to be true, it probably is," said Dawn Fischer, Aberdeen Proving Ground chief of Investigative Services Division, Directorate of Law Enforcement and Security.

"Vigilance in keeping track of your bank statements, credit card accounts and other financial information is extremely important," Fischer said. "The sooner you know something is amiss, the sooner [the proper authorities] can take action to negate the financial loss and damage to your credit history."

In addition Jager said that, "Internet scams are being reported with increasing frequency throughout this area and not just to shoppers but to sellers as well."

"Certain online shoppers are using counterfeit cashier's checks to scam sellers of big ticket items, such as cars, boats and motorcycles," Jager said.

Here's how these scams work: The seller lists an item on an Internet auction or other site and within a few days is contacted via email by a potential buyer often in a foreign country. A deal is reached and one of two situations occurs. First, the cashier's check arrives in the mail. It is written for a considerable amount in excess of the agreed-upon selling price. Instructions are included directing the seller to wire the excess funds back to the buyer or to his shipping agent.

The second twist to the scheme is for the buyer to request the seller's bank account and routing number so that they may wire funds into the account. Instead, the scammer creates and mails a counterfeit check drawn on the seller's account directly to his financial institution for deposit into his own account.

In all of these incidents, the cashier's checks received are excellent counterfeits and very difficult to spot. The checks are cashed, the seller receives the funds and wires the excess to the buyer, and within approximately one week, the seller is notified that the check is a worthless counterfeit and he or she is out thousands of dollars.

"Always know who you are doing business with," Jager said. "Notice the return address on the emails and on the envelope containing the check," he added, noting that most of these scammers give return addresses in Nigeria or other African countries, although scams of this

sort are not limited to these areas.

"If you deposit one of these counterfeit checks, you will be responsible to repay any loss to your financial institution," Jager said. "Never give your personal information to a stranger."

Internet "Phishing"

Internet scammers have a new way to lure unsuspecting victims: they go "phishing." Phishing, also called "carding," is a high-tech scam that uses spam to deceive customers into disclosing their credit card numbers, bank account information, social security numbers, passwords, and other sensitive information. Emails warning that an account will be shut down unless billing information is reconfirmed should be ignored. Do not reply or click on the link in the email. Instead, either call the company cited in the email or visit the Web site you know to be genuine.

How identity thieves obtain personal information

- They steal wallets and purses containing identification, credit and bankcards.
- They steal mail containing bank and credit card statement, bills, pre-approved credit offers, new checks, and tax information.
- They complete a "change of address" form to divert mail to another location.
- They rummage through trash, residential and business, for personal data. This practice is known as "dumpster diving."
- They fraudulently obtain credit reports by posing as landlords, employers, or anyone who may have a legitimate need for or legal right to personal information.
- They visit homes to search for personal information.
- They use personal information shared on the Internet.
- They scam through e-mail by posing as legitimate companies or government agencies.
- They obtain information from the workplace through a practice known as "business record theft" by stealing office files of customers, employees, patients or students; bribing employees with access to personnel files; or hacking into electronic files.

Minimizing risks

Managing personal information wisely, cautiously, and with an awareness of the issue can help guard against identity theft. Take the following steps to protect your identity.

1. Order a copy of your credit report from each of the three major credit bureaus once a year. Credit reports contain information about where a person lives, works, the credit accounts that have been opened in their name, how their bills are paid, and whether they've been arrested, sued, or filed for bankruptcy. Check for accuracy and that the listed transactions are authorized activities. By law, credit bureaus can charge no more than \$9 per copy for a credit report.
2. Use passwords on credit cards, ATM bank cards, and phone accounts. Avoid using easily available information like your mother's maiden name, the last four digits of your social secu-

rity number, or your phone number when establishing passwords. When opening new accounts with businesses that request your mother's maiden name, use a password instead.

3. Secure personal information in the home, especially if living with roommates, employing outside help or having service work done on the home.

4. Ask about information security procedures at work. Find out who has access to personal information and verify that records are kept in a secure location. Ask about the disposal procedures for those records as well.

5. Don't reveal personal information on the phone, through the mail or over the Internet unless you are sure you know who you are dealing with. Identity thieves may pose as representatives of banks, Internet service providers (ISPs) and even government agencies to obtain identifying information. Always confirm that you are dealing with a legitimate organization. Check the organization's Web site as many companies post scam alerts when their name is used improperly. Also, call the company using the number listed on your account statement or in the telephone book.

6. Guard mail and trash from theft. Deposit outgoing mail in a post office collection box or at the post office rather than in an unsecured mailbox. Promptly remove mail from your mailbox. If planning to be away from home, call the U.S. Postal Service at 1-800-275-8777 to request a vacation hold. The Postal Service will hold all mail until notified otherwise.

To thwart thieves who pick through trash cans or dumpsters, tear or shred all charge receipts, copies of credit applications, insurance forms, physician statements, checks and bank statements, expired charge cards and credit offers received in the mail.

7. Before revealing any personally identifying information (on an application for example), find out how it will be used and secured and whether it will be shared with others. Ask for a choice about the use of your information.

8. Don't carry around social security cards. Leave them in a secure place.

9. Give your SSN only when absolutely necessary. Ask to use other types of identifiers when possible. If your state uses SSNs as driver's license numbers, ask to substitute another number.

10. Carry only the identification and the number of credit and debit cards actually needed.

11. Pay attention to billing cycles. Follow up with creditors if bills don't arrive on time. A missing credit bill could mean an identity thief has taken over your account and changed your billing address to cover his tracks.

12. Be wary of promotional scams. Identity thieves use phony offers to obtain personal informa-



tion. Keep wallets or purses secure at work.

"In addition to carrying only the minimum number of ID and credit cards at a time, persons should keep a list of credit card numbers and contacts readily available," Fischer said.

"This way, should a theft or loss occur, they have the phone numbers available and can quickly contact the card companies to report the theft or loss. Knowing exactly which cards are gone would save someone from canceling or putting a hold on all of his or her cards. Of course, this information should be safeguarded as well."

Travelers should be especially vigilant in protecting their personal property, Fischer added.

"When traveling away from home, whether on vacation, leave or Temporary Duty, it's a good idea to not only split up your cash but to split up your credit cards as well. An example would be to carry one card in your purse or wallet but slip another card into your pocket or secure it in the hotel safe."

If you become a victim of a scam, do the following:

1. Contact your local police department as soon as possible. Request a police report and provide them with the evidence you have obtained. A police report will help clear your credit later on.
2. Contact your financial institution(s) and change your account numbers.
3. Contact the three major credit bureaus fraud departments immediately. Request a fraud alert on your file. This will flag any new unauthorized transactions attempted on your account.
4. Contact the Social Security Administration Fraud hotline at 1-800-269-0271.
5. Contact the Department of Motor Vehicles to see if an unauthorized license has been issued in your name. If so, notify them that you are a victim of identity theft.
6. Contact the U.S. Postal Inspector if you suspect mail theft or tampering at 1-800-275-8777.
7. Contact the Federal Trade Commission as soon as possible and file a report. The FTC will provide counseling and guidance on the above steps. The information provided to them will help prevent identity theft in the future. Call the FTC hotline at 1-877-438-4338; TDD 202-326-2502; by mail at Federal Trade Commission, 600 Pennsylvania Avenue, NW, Washington, D.C., 20580; or online at www.consumer.gov/idtheft.

Credit bureaus

Equifax • www.equifax.com

To order your report, call: 1-800-685-1111
To report fraud, call: 1-800-525-6285/TDD: 1-800-255-0056
Write: Equifax, P.O. Box 740241, Atlanta, Ga. 30374-0241

Experian • www.experian.com

To order your report, call: 1-888-EXPERIAN (397-3742)
To report fraud, call: 1-888-EXPERIAN (397-3742)/TDD: 1-800-972-0322
Write: Experian, P.O. Box 9532, Allen, Texas 75013

TransUnion • www.transunion.com

To order your report, call: 1-800-888-4213
To report fraud, call: 1-800-680-7289/TDD: 1-877-553-7803
Fax: 714-447-6034 • Email: fvad@transunion.com
Write: Fraud Victim Assistance Department, P.O. Box 6790, Fullerton, Calif. 92634-6790

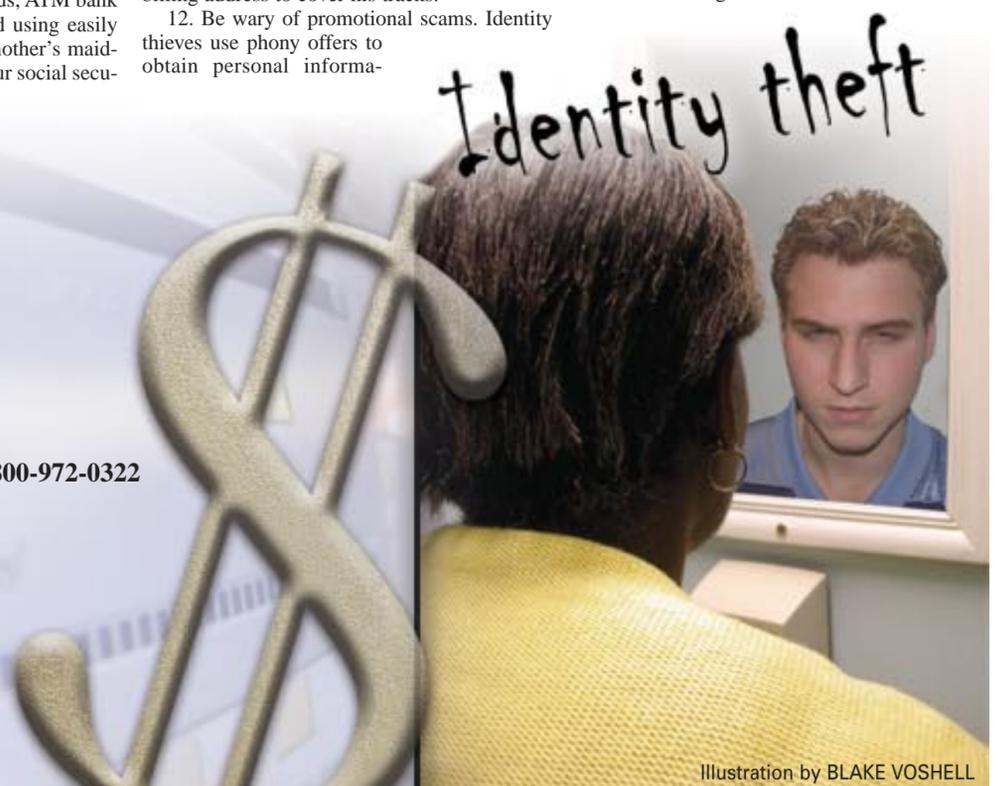


Illustration by BLAKE VOSHELL

2004 International and Military Mail Christmas Mailing Dates

To ensure delivery of holiday cards and packages by December 25 to military APO/FPO addresses overseas and to international addresses, the U.S. Postal Service suggests that mail be entered by the recommended mailing dates listed below. Beat the last minute rush by bringing mail to the Post Office by these suggested dates.

<i>Military mail addressed to</i>	Express Mail Military Service (EMMS)1/	First-Class Mail Letters/Cards	Priority Mail (r)	Parcel Airlift Mail (PAL)2/	Space Available Mail (SAM)3/	Parcel Post(r)
APO/FPO AE Zips 090-092	Dec. 20	Dec. 11	Dec. 11	Dec. 4	Nov. 27	Nov. 13
APO/FPO AE Zips 093	N/A	Dec. 6	Dec. 6	Dec. 4	Nov. 27	Nov. 13
APO/FPO AE Zips 094-098	Dec. 20	Dec. 11	Dec. 11	Dec. 4	Nov. 27	Nov. 13
APO/FPO AA Zips 340	Dec. 20	Dec. 11	Dec. 11	Dec. 4	Nov. 27	Nov. 13
APO/FPO AP Zips 962-966	Dec. 20	Dec. 11	Dec. 11	Dec. 4	Nov. 27	Nov. 13

* EMMS - Express Mail Military Service is available to selected military post offices. Check with the local post office to determine if EMMS is available to the listed APO/FPO of address.

* PAL - A special service that provides air transportation for parcels on a space-available basis. PAL is available for Parcel Post items not exceeding 30 pounds in weight or 60 inches in length and girth combined. The applicable PAL fee must be paid, in addition to the regular surface rate of postage for each addressed piece sent by PAL service.

* SAM - Parcels paid at Parcel Post postage rates are first transported domestically by surface and then overseas destinations by air on a space-available basis. The maximum weight and size limits are 15 pounds and 60 inches in length and girth combined.

<i>International mail addressed to</i>	Global Express Guaranteed(r) (GXG)4/	Global Express Mail (GEM)5/	Global Priority Mail (r) (GPM)6/	Global Airmail(r) Letters and Cards	Global Airmail Parcel Post	Global Economy (Surface)
Africa	Dec. 20	Dec. 11	Dec. 16	Dec. 6	Dec. 6	Oct. 14
Asia/Pacific Rim	Dec. 20	Dec. 17	Dec. 16	Dec. 13	Dec. 13	Oct. 28
Australia/New Zealand	Dec. 20	Dec. 17	Dec. 16	Dec. 13	Dec. 13	Oct. 28
Canada	Dec. 21	Dec. 18	Dec. 16	Dec. 13	Dec. 13	Nov. 19
Caribbean	Dec. 20	Dec. 17	Dec. 16	Dec. 13	Dec. 13	Nov. 5
Central and South America	Dec. 20	Dec. 11	Dec. 16	Dec. 6	Dec. 6	Oct. 29
Mexico	Dec. 20	Dec. 17	Dec. 16	Dec. 13	Dec. 13	Nov. 5
Europe	Dec. 20	Dec. 11	Dec. 16	Dec. 13	Dec. 10	Nov. 5
Middle East	Dec. 20	Dec. 17	Dec. 16	Dec. 13	Dec. 13	Oct. 21

* GXG - Global Express Guaranteed is available to more than 200 countries via a partnership with Federal Express. See a retail associate at participating locations for a complete list of countries and money-back guarantee details, visit <http://www.usps.com/global/globalexpressguaranteed.htm>. Some restrictions apply.

* GEM - Global Express Mail is available to most countries with delivery in 3 to 5 business days. See a retail associate at participating locations for a complete list of countries or visit www.usps.com/global/globalexpressmail.htm. Some restrictions apply.

* GPM - Global Priority Mail is an accelerated airmail service for items up to four pounds to 51 countries. The service is available in two attractive sized envelopes. Customers can also use their own packaging by adding the Global Priority Mail sticker. See a retail associate at participating locations for a complete list of countries or visit <http://www.usps.com/globalprioritymail.htm>. Some restrictions apply.



Courtesy U.S. Postal Service

30,000 ways to connect to a Soldier

By Mark Heeter
Army News Service

Every day in cities, towns and rural outposts throughout America and around the world, hundreds of people sit down at their computers and head to the "To Our Soldiers" Web site.

"This site represents a viable communication tool for the general public to reach Soldiers while deployed or at their home station assignment," said Lt. Col. Todd Livick, community relations team chief with the Office, Chief of Public Affairs, Community Relations and Outreach Division.

The Army.mil Web team first envisioned "To Our Soldiers" a week after the ground war started in Iraq, said Donnie Steele, Army.mil technical director.

"The Department of Defense and all the services were getting calls from the public about how individuals could show support for our troops. A Web-based letter writing capability immediately accessible from a link on the Army Homepage just made sense," Steele said.

Less than one month later, it was a reality.

On Oct. 1, the 30,000th message was posted to the Web site, addressed to a Soldier with the 4th Infantry Division.

"Perhaps the best part about the site is that it provides the opportunity to thank today's Soldiers in real-time measurements," Livick said.

The Army community relations team posts several dozen messages per day, from supporters in countries from Iceland to Australia, and from Iraq to Afghanistan.

Those wishing to express their support for Soldiers deployed around the world are encouraged to log on to www.army.mil/tooursoldiers/ and submit a message.